



# BLISS

DR. K. K. MATHEW

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DR. K. K. MATHEW

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# Bliss

DR. K. K. MATHEW

Poems

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Dr. K. K. Mathew

Pratheeksha

K. P. Road, Kayamkulam 690502

Kerala, India

Tel: 0479-2445976

e-mail: [drkkmathew@gmail.com](mailto:drkkmathew@gmail.com)

Website: [www.mathewpakalomattam.org](http://www.mathewpakalomattam.org)

## **PREFACE**

This book is my 25th collection of Poems in English. The 100 poems in this book were written during May and the first half of June, 2021. The poems are mainly mystic and spiritual. It is really a spontaneous outflow of my inner feelings which I copied on the paper. I invite the readers to evaluate these poems.

Dr. K. K. Mathew

Date : 21 - 06 - 2021  
Kayamkulam

## **ACKNOWLEDGEMENT**

I am very much indebted to Annie Johnson, the great American Poet who enriched the book with a glowing Foreword. I am grateful to MASSY Madhu Kaleeckal, CEO, Global Index - Brand Makers, Kayamkulam.

Dr. K. K. Mathew

Date : 21 - 06 - 2021  
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## FOREWORD

Dr. K. K. Mathew is a very prolific writer and poet. His life is lived through a strong belief in Jesus Christ. His love for Christ guides his life in every aspect of daily living. He has lived his life as a Cardiologist, healing the sick, not as a doctor tending the rich, but as a humble doctor attending the needs of the poor. In everything he sees and feels, his strong belief in a power greater than himself, comes to bear. His beautifully descriptive poems of nature mark him as a great poet. Woven into everything he writes is his love of and respect for mankind. He glorifies all beauty as a gift of God that is endless. He is not moved by what is to be gained monetarily in life, but by what can be given by each individual, to life - each contribution to the glory of God that marks an individual throughout his life. Dr. K. K. Mathew lives every day of his life observing and writing about the gifts that God has bestowed upon him, personally. His poetry stems from the continuous flow of thought and prayer with God. His depth of understanding of mankind and his appreciation of the beauty of the earth surrounding him, shines forth in his written word. Dr. K. K. Mathew is a man whose heart and soul glorify Jesus Christ by his every thought and action. His offering of beautiful poetry to the world is his way of returning a portion of the gifts God has bestowed upon him.

Annie Johnson - Poet, USA

## CONTENTS

1. A FRIEND
2. A LOT OF
3. A NEW SPIRITUAL THEORY
4. ABSORBED
5. AFTERLIFE
6. ALZHEIMER'S DISEASE
7. ANGER
8. ASYNCHRONY
9. BALACHANDRAN CHULLIKKADU
10. BEYOND...
11. BITTERNESS
12. CHALLENGES
13. CLIMB UP
14. COMMITMENT
15. CONSOLATION
16. COVID19 AND GOD
17. CREATIVITY
18. DESTINATION
19. DETERMINED, I AM...
20. ECHOED
21. EGOTISM
22. EID MUBARAK
23. ERUDITE
24. ETERNITY OF SOLITUDE
25. EXCESSIVE PRIDE
26. EXPONENT
27. FAITH HEALS
28. FAITHFULNESS
29. GOD THE SUPREME
30. GOD'S LOVE
31. GRATITUDE
32. HOW TO FACE A CRISIS?
33. HOW TO OVERCOME TEMPTATION?
34. INNOCENT HEARTS SMILE
35. INSIGHT



36. LOVE YOU
37. GOOD LUCK
38. MAN TO BECOME PERFECT
39. MEDICAL MIND VS POETIC MIND
40. MERCY
41. MIND WITHOUT THOUGHTS
42. MIRACLE OF LOVE
43. MIRROR
44. MONSOON
45. MORINGA OLEIFERA
46. MY MOTHER
47. MYSTERY OF LOVE
48. NO MORE
49. NURSES
50. ONE'S GREATNESS
51. OXYGEN
52. PEST ON FLOWER
53. POET AND SCIENTIST
54. POETIC EBULLIENCE
55. QUARANTINE
56. RAINBOW
57. RECITATION BY HEART
58. REFLECTON
59. RELATIONSHIP
60. ROMANCE OF SOUL
61. ROMANCE
62. SECULARISM AND RELIGIOSITY
63. SKY- HIGH
64. SOLID MIND
65. SPIRITUAL BEAUTY
66. SPIRITUAL BLISS
67. SPIRITUAL IMMUNITY
68. SPONTANEITY
69. STETHOSCOPE
70. SWEETNESS

71. THE BEAUTIFUL FACE
72. THE BEAUTY OF MOON
73. THE BEST TEACHER
74. THE DISSECTION OF LOVE
75. THE FALLEN ROSE PETALS
76. THE FLUENT DROPPING
77. THE HAVOC
78. THE MEMORIAL
79. THE MOST BEAUTIFUL
80. THE NEW ONE
81. THE POWER OF A MAN
82. THE TWINKLING STARS
83. THE TWO IN ONE
84. THE WORKING OF LOVE
85. TO BE GOOD
86. TO DISTINUISH
87. TO LIVE
88. TOO MANY
89. TRUTH IN POETRY
90. THE TRUTH OF LIFE
91. TWISTS AND TURNS
92. UNCONDITIONAL
93. WATER DROPS
94. WELL-BEING
95. WHAT IS IT?
96. WHERE TO FEEL GOD?
97. WINNING
98. WONDERFUL MIND
99. WORLD ENVIRONMENT DAY
100. WORLD OCEANS DAY

## **A FRIEND**

The one who stands as tower in another's life  
So glittering, it never fades even after decades,  
The association is binding, it shouldn't break  
So much of enthusiasm in communicating, in  
Conversing, special joy in dealing with friend,  
A living character painted with joy and cheer,  
The ideal person to be depended, would treat  
As a comrade, to love and to be loved, to help  
And to be helped, to advise and to be advised;  
Could be much better than blood relatives, quite  
Unexpected may be the one becoming a friend  
But the friendship preserved forever; the good  
Friend is Godsent, the God in disguise on earth.

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## **A LOT OF**

A lot of beautiful words, I read from this heart,  
What to do and what not to do, I read so often,  
Those words make the world so beautiful and  
Fragrant; this heart always write about the love,  
Pure and holy love advocated, this heart is called  
The queen of love, the majestic love, this heart is  
Projected as most colorful with so many paintings  
Inside; people say, if more of this type of heart  
Here, definitely the earth will become a heaven.  
But when I looked at this heart, I see, it is empty.

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## **A NEW SPIRITUAL THEORY**

How can, man become perfect, we may ask,  
The question is valid and is quite answerable  
Life journey of many are erratic, going astray  
Many don't know which is the correct path?  
Definitely, it is not the outer path which many  
Take, it takes you nowhere, nothing is gained,  
The journey on inner path is the correct one,  
Definitely God values the inner journey only;  
Human life is counted on how long one covers  
The path, the exact assessment is done by God,  
Pleasantness, you enjoy is directly proportional  
To the length of path you covered, the more you  
Cover, the benefit you get is much more; reaching  
The end of the path, you withstand all negativity,  
You have a feeling, you are on the top of everything.

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## **ABSORBED**

Sitting alone, the beautiful solitude, the thick woods  
In front, the silence of my soul beaten very softly by  
Heart, the melodious sweetness echoes, I'm absorbed  
In the tranquility the nature gives, the blooming flowers,  
The ripened fruits, the fragrance of jasmine, the music  
Of the birds on the trees, the colorful butterflies, the  
Murmur, of stream flowing gently; everything flashes  
Together at a time in me, what a delight, the tranquility  
Booms in mind with the simultaneous uplift of my mood,  
It perpetuates deep into sweetness of nature, that alone  
Transcends the divinity, in me, mind goes deep in it, goes  
Miles and miles away, I'm lost in its holiness, minutes I run  
Through, flying over the divinity and I visualize God in it.

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## **AFTERLIFE**

No death and no afterlife for those with God and in God, The world and worldly gone in them by immutable faith In God; the barrier between God and man is crushed by Faith, their internal senses open, their body is spiritually Dissected out by faith, their soul lives forever in the divine World on the earth where God is at the center, felt by the Internal senses, they visualize and relish the most beautiful And fragrant world every moment, they enjoy the eternal Happiness and peace above the sufferings of the body and The world, it is the great truth; after the physical separation Of the spiritually inactive body, the life of soul in the divine, Holy, Godly, world continues forever, it is called the heaven.

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## **ALZHEIMER'S DISEASE**

The whole world is revolving fast, the clock is rotating,  
Where am I, who am I, what am I, the questions one  
After another, I ask myself, no answer I could get, I am  
Totally confused, I smiled at me, what a jolly life I have,  
I can't remember anything; I am on a sea shore, the tidal  
Waves jumping at me, I am frightened, everything looked  
Alike, the roaring sea before me, the blue sky above me,  
Nothing else, I have nothing to worry, no despair, no pain;  
Heart and soul coming out of me, I hold them tightly, I am  
Lifted, high up in the sky, I see the moon, I see the stars,  
How much delighted I am, a sort of happiness, dissolved  
In it, somebody calling me, holding my hand, who is this?

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## ANGER

The explosive heart bursts with the soul not involved in it  
It bends, it breaks, the circulating dirt around ignite heat  
So loading, agonizing, heart and mind explode with the  
Outcome, nil, too much exhausted, very much disturbed,  
Nothing could be picked up, the boiling point fumes into  
The soul, suffocated, so much of time needed to put out  
The fire that has burned the heart and mind, the needed  
Rest awaited, but not early, it is prolonged with no result,  
That has harmed others, they too are disturbed, with a fall  
To everyone, the end comes with beginning, nothing gained;  
To be learnt, the calmness, the softness, the coolness and  
The composed heart and mind, that inched every moment  
With the good product of outcome and fetches the success.

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## ASYNCHRONY

The asynchrony lands in asymmetry, the havoc ensues  
The world in turmoil, the inner doesn't synchronize with  
The outer, each has different tune to sing, to dance, don't  
Compromise; the inner mind, the perfect one with the soul,  
Divinity, and Godliness; the direct part of God in man, that  
One is to dictate and command; the outer mind to follow it,  
It is what God intended, how man was created; but man has  
Different voices, the great affinity to the world and worldly,  
The outer mind has turned its back to the inner mind, the  
Worldly does the trick, it has grabbed man in its custody  
Making him a slave, it is what happening today; when the  
Outer mind becomes soft and turned its head to the inner  
Mind, removing all worldly connections, both are closely  
In synchrony, singing together to the same tune; divinity  
Fills in, the world too sings melody, no more sad songs.

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## **BALACHANDRAN CHULLIKKADU**

The poet with different heart, lives in the hearts  
Of many Malayalees, with the entrenched wisdom  
Of digesting the bitterness of life, an unassuming  
Character, a raw, natural man, mainly with boldness  
And courage, not yielding to anyone, never cuts  
His heart for others, never sacrifices his convictions  
At any cost, never tempted for money or honor,  
Loves to be a poor man, living as poor, sometimes  
Hunger- stricken, his words are his sharpened sword,  
Cutting the social evils, he warned against inequality  
And social injustice, his style of writing attracted many  
With the intoxication of bravery, commitment, and the  
Sweetness of poverty, what more, I have full of praise for  
The bold Malayalam poet, who reaches the age of fifty.

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## **BEYOND...**

Beyond me, beyond everything, man looking at far,  
Couldn't locate anything, it is moving, never-ending,  
My heart is looking above beyond the sky, beyond  
The moon and stars, it goes up, no end; I go inside,  
Deep inside of me, I can't reach anything, the mystery  
Pervades in me, I know, how helpless I am, too tiny  
To cop with the great mysteries, I don't know anything,  
Of it; for that only, I became very egoistic; I could  
Explore the mysteries and love them, only if I could  
Become humble, as I am a zero before the mysteries,  
I must go beyond, otherwise life becomes valueless.

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## **BITTERNESS**

Mixed with bitterness and sweetness, the human life  
Like the sea engulfs majority of the planet, bitterness  
Encroaches most of the time in life; sweetness little  
Only, as the bitterness reflected from dirt in the mind  
And heart, that harbored by man himself and he can't  
Blame anybody for that; how to neutralize bitterness?  
Bitterness in tribulations, the best medium for faith to  
Develop, the faith in God becomes intense when more  
And more tribulations faced and defeated, purification  
Of mind; the strongest faith developed and the dirt all  
Removed; God enters that mind, sweetness all the time.

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## CHALLENGES

Everything so smooth, how boring the life is, so monotonous,  
Life has no thrill, not having any creative adventurism, it is just  
Living; nothing sour or hot to taste, such food can't be digested,  
It causes nausea, and might vomit; just living is lifelessness, it is  
Like a desert, nothing there, sands are hot, one can't walk over  
It barefooted; what about the rocky land, working hard day and  
Night, making it fertile land; looking at the crops, peasant enjoys  
His life, the hard work he has done, his thrill is worth more than  
Billions; the challenges makes a man more creative, self- reliant  
And adventurous, a lot of inspiration he gets to overwhelm and  
Conquer the opposition, he is infused with new energy to work  
So hard, diligent and conscientious; a better tomorrow is always  
Waiting for him; a new phenomenon occurs in him, pain becomes  
Painless, tiredness becomes energy, the laziness is gone forever,  
A lazy man is transformed to an intelligent person with dynamism.

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## **CLIMB UP**

Climb up on the ladder of your heart, never come down,  
What is basic defect in man's concept, the defect at root?  
Man doesn't perceive the great truth that should pervade,  
If the defect at the root corrected, everything set right,  
The foundation becomes strong and man to build on it, the  
Whole structure becomes intact, everything grows merrily.  
Man must realize the great truth, THE CREATOR, HIS WORDS,  
AND THE MORALS, ARE MUCH SUPERIOR TO ANYTHING IN  
WORLD, the lack of it is the root cause for all the maladies,  
Accepting this truth, working on it, man to strive for correcting  
The basic defect and he should climb up on the ladder to glory.

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## COMMITMENT

Heart is attached to it, soul is concentrated on it,  
Mind is fused with it, everything is with it, body  
Too with it, no rift between the person and his  
Deed, it is synchronous, music of love emerged  
In man and is heard fully in his job, so difficult to  
Separate man from his work, both are one and the  
Same, man gives everything of him to what he does.  
Dedication comes from the heart which is empty,  
Where all other matters are replaced by utmost  
Sincerity of the person towards what he is doing,  
The rare phenomenon of living fully with it and  
Even ready to die with it; he has only one thing in  
His mind, that is his duty or his work, he is adhered  
To it fully, such a mind is possessed mainly by a  
Person who has God at the center of the mind,  
He has realized fully, dedication to God means  
The dedication to his work; he must live with it.

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## CONSOLATION

The attitude of making one, peaceful and comfortable  
Amid grief and agony, great step done to help someone  
So close to you or unknown, the caress of comfort and  
Softness, instill the analgesic or soothing agent in the  
Pyre of fire and that might have burned the heart or soul.  
Very true, the depth of sincerity, that has flown to hearts  
To speak volumes of transcendent relief or comfort which  
May pick the nobility of mind, added with the volume of  
Love, to be strengthened by pouring on others, a great  
Godly act that showers goodness on earth, that shows  
The stability of kindness that is to glow in the darkness.

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## COVID19 AND GOD

Why did God send Covid19 to kill thousands?  
Isn't it, science can save man from the Covid19?  
These questions are asked by many nowadays.  
Science couldn't find a cure for this pandemic,  
Vaccine isn't for cure, but for prevention only  
Is God so cruel to kill so many across the globe?  
No, certainly not, pandemic has to serve a purpose,  
God wants all people on earth to come near Him  
Before the end of the world, it is a great truth;  
Now part of the purpose is served, God is on the  
Tongue of many, they realize, science is nothing,  
It can't eradicate even the microscopic organism,  
Many realize, God is everything, He will eradicate  
The pandemic once He feels, the purpose is served.

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## CREATIVITY

God has gifted everyone in the world with inquisitiveness  
To explore the mystery in the artistry of Him, at least tiny  
Fraction of it, even something distantly connected with it;  
It is in a way to glorify the great artistry of Him which guides,  
Guards, and nourishes us, man should think in this perspective.  
What is the charm in following and repeating something that  
Was done, found out, but the creative instinct of man should  
Come out, he should be self- reliant to search, explore, and  
Find out something new; many are talented but the talents are  
Hidden; explore and expose, it should be the slogan of man,  
Man should be able to think beyond the ways of the world,  
Aim at something higher- up, think and search, you find out,  
You proceed further, sharpen the talents and you can do it.

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## DESTINATION

How many know, human life has a destination?  
How many of us realize, what is the destination?  
Human life is a journey, not it is outer journey,  
It is inner journey that is counted, outer journey  
Is not written in the book of the soul, it has no  
Value before God; very sad to note, many are  
Interested in outer journey only, they don't know  
The inner journey, mind you, inner journey isn't  
On the tongue, it is in heart only, it is countable  
By the scale of heart only, not by outer scales;  
The inner journey is very long race with so many  
Hurdles on the track; with faith only, one jumps  
Over hurdles and nearing the destination, the  
Faith becomes intense and quite unbreakable;  
The endpoint of journey is the full realization,  
You are nothing, everything in you is God only.

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## **DETERMINED, I AM...**

But I'm without support, I tried to make me  
Determined continuously, but the process is  
Painful, my mind is aching, heart too, I leave  
The process in exhaustion, but mind urges  
To do it again and again as I'm determined,  
I'm sad, mind is loose, I can't take a decision  
Firmly, I'm helpless, I'm determined to have  
A strong mind; what to do, it made me think  
In a new direction, I need the help, but from  
Where; I realized the truth, I can't do anything  
Myself, as humans are too weak to perform,  
I need the help from above, the unseen power,  
I pleaded and pleaded, God enters my heart,  
Resistance eased, I know, my mind becomes  
Firm, He did it for me, the burden in me has  
Lessened as He shares everything for me, fully  
Determined, I'm to face anything very adverse.

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## **ECHOED**

The reverberation of heartbeats echoed as soft melody  
That hits the silence of earth, to be vibration of air that  
Passes through my soul to accommodate the solitude  
Of me, in the tempest of the deeply anguished truth of  
Life, the sweetened music echoed in the depth of me,  
To have the best out of everything, that paves the way  
To the excellence of heart and elevates the spirit of me  
To the heights of consolation and delight in the interior  
Of me, to be sharpened to hear sweetened echo again  
And to make heart and soul together, immersed in the  
Eternal happiness, slowly encroaching every part of me.

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## EGOTISM

To be at the height of heaven, pretends, never to come down,  
Doesn't belong to that status, even a fraction of it; thinks, others  
Are much inferior, may be an intelligent chap, but thinks many  
Times more than it, the pride multiplied to an ocean, the ocean  
Flows over a mountain, the water flows in the air, it is what an  
Egoist thinks of himself, the unfounded thought, believes it to  
Be true; in society there are few, behave as kings of everything,  
Criticizing and abusing others, their hobby, they get joy out of it,  
They are highly partial, have great affinity only for a section of  
People who form a circle around them, the egoists lift them to  
Heaven- high and then put them down once they show dissent  
In their opinion, the egoists place a chain of army around them  
To hear boasting words of them, these people are dangerous,  
They are capable of doing all types of tricks to pull others down.  
The egoists are thoroughly ignorant of what the world is, what  
They are; they don't know the truth that nobody on earth except  
God is perfect; acknowledging God, living humble as we are  
Imperfect, realizing the truth, the hallmark of one's greatness.

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## **EID MUBARAK**

The month- long-dawn-to-sunset fasting ends,  
Exercise for being with God, with concentration,  
Successfully completed, the rigorous, religious  
Exercise puts man in confidence, he is nearer to  
God, the well- disciplined life to be with God is  
Achieved, every year, the training cum exercise  
Continued to make the person merges with God.  
The day observed as thanksgiving day to express  
Gratitude and pray to God for all His blessings,  
For what all He has given; the loved ones come  
Together to break the fast; wake up early in the  
Morning, dress up, wearing new clothes and wish  
Loved ones; prayerful man comes closer to God.

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## ERUDITE

Whatever it may be, wealth in the world is learning and  
Storing the product in depth of mind and gradually gets  
It released, how charming it is to keep it and release, the  
Unseen wealth in the world, so fascinating, enjoying the  
Digestion of it, too tasty than the food, but it is expanding  
By acquiring more and more and utilizing it for creative  
Work to specify the dictum of mind and to be absorbed  
Inside with the intermittent raining of wisdom that comes  
From above, not much to say, the blessing with magnitude  
Of supremacy, that hastens the mental faculty to enjoy the  
Precious wealth of knowledge and wisdom, the feel of the  
Person, lifted higher up in the sky to the God of knowledge.

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## **ETERNITY OF SOLITUDE**

The depth of heart goes to opening of eternity  
Of solitude, the never-ending path, paves the way  
To sweetness in the magnitude of the treasure  
Of excellence, in relishing greatness of presence  
Of the Almighty, stretched to the vastness in the  
Whiteness of tranquility, to be oozed to the purity  
Of the everlasting eternity, where heart and soul  
Meet together, to have the blissful moments of the  
Eternal happiness, to be tasted and digested with  
The parameter of striving hard, to be dissolved in  
The infinity of the solitude, diffused to the depth  
Of sweetness in the music of eternity and its echoes.

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## **EXCESSIVE PRIDE**

Forgetting the root, from where he has come up  
How was he before; its first manifestation, even  
He doesn't like to recollect it, he feels discredit  
To expose his parents who once worked very hard  
To bring him up to this level, he doesn't expose  
Other blood relatives who are below his present  
Level, he tries to project him more than what he  
Is; he likes, his association is with the upper class,  
Doesn't like to be with even children of brothers  
Or sisters, his egotism lifts him up and up as he  
Thinks, he is much superior; what happens to him?  
Broken hearts of parents, small children, burn him.

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## **EXPONENT**

The attire of wisdom that may prevail in the depth  
Of man seeking the attachment to good values, the  
Love to God, love to man, honesty, sincerity, more  
Of faithfulness, doesn't move away, fixed on them  
With strong adhesive, to be repatriated to vicinity  
Of God, and to be transferred with it, anywhere and  
Everywhere, fumigated with ideology of goodness,  
An exponent of all the goodness, man should be the  
One who strides to tranquility with an earnest mind  
To be transfused into the line of perfection, that is  
To be achieved, with the strong faith in God only.

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## **FAITH HEALS**

How does, faith in God, heal the dreadful diseases?  
Many feel it is nonsensical, why do many die of them?  
Why God is silent when so many are overwhelmed?  
Developing faith is a process covering even decades,  
Faith is developed by lot of purification mechanisms,  
Passing through so many tribulations, the faith becomes  
Very strong and unbreakable, any person develop it;  
HERE I AM WRITING ONLY ON SUCH PERSONS HAVING  
INTENSE FATH, NOT ON PERSONS HAVING FEEBLE ONE.  
In these persons, the barrier between them and God is  
Crushed and they are approximated to vicinity of God,  
Their internal senses are opened, they see and hear with  
Them; God is in them, with them, they have the power  
Of the spirit of God, which helps them to withstand any  
Dreadful disease and tackle it; it is the great truth, that  
To be known to everyone; one must know, medicine is  
The gift of God, and God might act through drugs also.

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## **FAITHFULNESS**

Great loyalty to God means, the loyalty to man  
As the soul of man is tiny part of God; you can see  
God in man, friends, neighbors, all human beings  
On earth, when you are faithful to God; when you  
Aren't, you aren't to man; you must be faithful to  
God always, as He only created you, He loves you  
Extremely, the faithfulness comes in heart when  
The dirt in heart expelled, it is by intense faith in  
God; when dirt removed, all other good virtues  
Like pure love, honesty, sincerity, bloom in heart.

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## **GOD THE SUPREME**

One day, man thought, God is a supposition,  
His name was used as a superficial figure, just  
For talking, for showing others, man is pious;  
But God hasn't entered hearts, the deadly virus  
Is spreading so rapidly here, even the different  
Mutated viruses, mainly because man unaware  
Of the seriousness of the virus's spread and not  
Complying with preventive measures; had God  
Entered hearts, the sense of humanity will come  
First in hearts and the dreadful situation wouldn't  
Have occurred; at the late hour, I appeal to each  
And everyone, God must enter every heart, God  
Acts in various ways which man can't comprehend.

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## **GOD'S LOVE**

God's love is root of all love, especially of human love, Man doesn't realize; it is the sweetest, covered by world And worldly in man; the root of human love is the soul Of man which is a tiny part of love of God, the purest Form of love; man must realize the great truth, love to God, is loving man, as God's love has flowed to the soul Of man; loving everybody means loving God; your lover's Love is God's love, the parental love and all other love Are God's love only, in the minute form; if man realizes the truth and practices it, the world becomes a heaven.

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## **GRATITUDE**

The beautiful word with all its implications of goodness  
So soothing to heart and soul at the heights of delivering  
And accepting, the tenderness of heart, with diversity of  
Reward in one word, that is the aptitude of happiness and  
Love, bestowed on the person or persons, magnifying the  
Heart filled with love in return; to pluck the red rose flower  
From the plant and hands over to the person who has helped;  
A collection of good and sincere feelings exist in the mind of  
The recipient, amalgamated the minds together with the input  
Of sincere love, a bridge of it built between them with the  
Transient flow of reward with sincerity, it kindles the trueness.

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## HOW TO FACE A CRISIS?

Never think negatively, have no presumption of adversity  
On what might happen if everything goes wrong and have  
No thoughts on the outcome, on the future; it won't give  
You any benefit, but it weakens the chances to recover or  
Ways for getting better; tighten your mind with all nerves  
You have; as a symbol hold your palms together with fingers  
Holding tightly, never loosen your nerves, mind shouldn't  
Waver; concentrate sharply at the center of mind, fix mind  
There for some time, the whole body and mind converged  
To a point, keep in that state for minutes and then relax body  
And mind; now the tension and worries gone by fifty percent.  
Now concentrate again to center of mind, it becomes easier  
Now, fix it there again, start pleading in that direction to the  
Unseen God for any duration of time which the person likes,  
Practice it on a constant schedule of time; now the mind is  
Free and fresh, rejuvenated, strengthened to face any crisis.

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## **HOW TO OVERCOME TEMPTATION?**

Temptation is fake, it cheats you, but man can't recognize the truth, it is the big fall of man as he is overpowered by it, he is sweetened by it, his Heart is soothed, but it is biggest fraudulence, many Can't realize it, temptation is projected before man As the most valuable object, worth more than billions; It is what happens in many, the fake picture before Man and he can't escape, it is the biggest failure of Man; man can recognize the trap here and escape Only by possessing divine wisdom; one gets it from God only, God helps one to recognize good and bad.

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## **INNOCENT HEARTS SMILE**

What a delight, the newly hatched chick on the table,  
The eight-month-old male baby on the chair, looking  
At each other, the hearts together, smile at each other.  
What a fantastic prelude of holiness that is mixed with  
Divinity, forming unseen figure of extreme innocence  
That opens the door to heaven, where everything pure,  
Still, silent, and holy; where the unseen hearts smile all  
The time, the hearts kiss each other, the song of divinity  
Heard everywhere, everything condensed to form dew  
That is dripping, the blessing of heaven; all together, the  
Extreme innocence, purity, holiness and divinity form the  
Unseen God, filling hearts of chick and baby, and smiling.

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## **INSIGHT**

The feel of deep heart bestowed on mental faculty  
To foresee, to recapitulate the depth of what may  
Come, the thought of infinity that rains on shadow  
Of human being in the mystery of amazing depth,  
What to be done, known; what to come, realized;  
The glory of eternity transferred to the human mind,  
The adaptability to the truth hidden extracted, the  
Future becomes present, the past becomes perfect,  
The wisdom of propelled entry from depth to surface  
Enhanced, the depth and periphery interconnected  
With the passage of truth showered on heart and  
Mind, the excavation of hidden diamonds continues.

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## LOVE YOU

From my heart, from my soul, love flies in and around  
Me, I'm lifted by it, I float in air, then flies high up in the  
Sky, beyond the stars, from there I look down at you, I  
See you, not your body, but your heart and soul on the  
Earth, glittering, too large they are, they look up at me  
Only, they never look at earth; your heart and soul float  
In air, attract me down, I'm down to earth, to your heart  
And soul, took you to the rose plant, we both dissolved  
In it, in a second, the plant is swinging in air with energy  
It got, we came out as the red rose flower so beautiful and  
Fragrant, the gentle breeze carried smell of us everywhere.

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## **GOOD LUCK**

Something very good happens abruptly notwithstanding  
What is happening not good, quite unexpectedly, nobody  
Ever dreamt of it which has changed the life of somebody,  
The abrupt onset of fortune, a matter of gravity, definitely  
Paves the way to build the foundation of success; in the chain  
Of misfortune, the fortune comes, the firefly glows in darkness,  
Nobody could find an answer to it, it is all fate, many say, enjoy  
The benefit of it, that is all what could be the result, nothing  
To be explained, the general opinion, just to enjoy the fortune.  
But the luck is nothing but the blessing of God, no doubt about  
That, God acts at least once in one's life, sometimes more than  
That, the rarity of stars falling down as diamonds, the clouds rain  
Honey rarely, all these may happen when God blesses, the truth.

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## **MAN TO BECOME PERFECT**

An easy way, man to become perfect, a new perspective,  
Gravitational force of earth pulls everything heavy, down,  
But the lightest one won't be pulled down by it, it floats  
And flies; we to concentrate on this physical law, the heavy  
Ones are to merge with the earth, but the light ones won't,  
They are up always, even with heaven, they live forever.  
It is basic of the truth; the vision in our mind is everything,  
It is in our mind forever, untouched by the evils of world  
With all its colors and fragrance, imagination is built on it;  
BUT IF YOU TRY TO POSSESS IT, ALL THE CHARMS OF IT  
LOST, SPOILED BY THE EVILS OF WORLD, YOU CAN SEE  
DIFFERENCE; IF YOU SEE A BEAUTY, HAVE THAT VISION IN  
YOUR MIND AND RELISH IT FOREVER, IT IS THOUSAND  
TIMES BETTER THAN POSSESSING IT OR USING IT; it is the  
Human thought at its delicate form, everyone should look  
At world in this perspective, human mind becomes perfect.

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## **MEDICAL MIND VS POETIC MIND**

Medicine, the healing touch pervades the mind and body,  
So often the smile on the face of the sick, the great reward,  
Seeing it, the healer's mind rises to heaven, the rewarding  
Contentment, worth more than billions, the selfless and  
Dedicated service put mind over the sense of sacrifice, the  
Sweetness of it, echoes with magnitude of love, that draws  
The healer to accentuate love and kindness in a perspective  
Way of more accomplishment, that is diamond in his mind.  
The healer with inquisitiveness to discover something new  
In medical science, works hard to achieve it but his mind is  
Always, tense and agonizing till the moment he catches it;  
Once he got it, he is much relieved, he thanks the Almighty  
Thousand times for what he had, the divine intervention.  
The poetic mind is something special, the poet could find  
Another world in him, the 'world within the world', it is the  
Poetic mind, the most beautiful mind that is very sweet and  
Colorful, it is fragrant too; the mind is lifted above earth and  
High up in the sky by the imaginative skill of the poet, what  
A pleasant and enchanting life the poet has, he lives there  
Permanently, he never comes down, creativity is his power,  
Within no time, he writes and he enjoys; he gets new vision  
Which he copies on paper immediately, his internal senses  
Open, he sees and hears with them, the divine wisdom is  
Discharged, what a thrill he enjoys, always above the world.

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## **MERCY**

Giving oneself in all senses, yielding, inhibiting the urge to punish,  
Contrary to expectation, relaxing a bit, extending hands forward,  
Around the neck of the opponent, hugging with extreme kindness,  
The sense of forgiveness overflows, the great act of humanity in  
Mind, what more, the place is lifted to heaven-high, on earth,  
If more and more people come in the way of tenderness of heart  
And giving way all inhibitions, to do selfless acts, what a change  
We see in and around, to build pyramids of compassion, love and  
Forgiveness, the gentle breeze of sweetness and tranquility spreads  
Everywhere with insight of calmness and harmony, such attitude  
Should be showered on every unkind heart to make it most tender;  
Melody of compassionate love heard and heart beats with rhythm.

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## **MIND WITHOUT THOUGHTS**

Mind without thoughts, a state that can be achieved  
By man, taming the mind with Godliness in man, quite  
Possible, to squeeze the mind with multitude of faith in  
God, the ability to nullify the thoughts enhanced, a state  
Of soberness of mind achieved, a mind without thoughts  
Emerging from it, a state of solemnness, the aptitude for  
Godliness fulfilled, mind is stilled, nothing volatile, mind  
Is emotionless and thoughtless, it is vibrant, the divine  
Feelings mingled with Godliness emitted from mind, a  
Sort of blissful moments and mind is immersed in divine  
Feelings that control body; when world and worldly are  
Gone, God comes in mind, He showers Godliness in man.

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## **MIRACLE OF LOVE**

When heart is cut with thorns of the roses,  
When pain is so intense to bear, so much  
Heart-breaking from every corner, so many  
Arrows hit on every part of body and soul,  
Nothing on earth cures it, drugs, counselling  
All valueless, literally, being burned in a pyre  
Of fire, nothing could be done on earth to  
Infuse a bit of consolation in heart and body,  
Everything so hot, might explode any moment;  
Suddenly, the gentle breeze caresses the heart  
In pieces, the rose petals fall on the pieces of  
Heart, what a miracle, all pieces joined together,  
The red heart started beating, more petals fall.

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## **MIRROR**

Reflection that takes place in heart from soul,  
Which is visible outside, quality of man is the  
Purity of mind that is a rarity now, but mixed  
With outgoing of rays that from heart, so often  
Impure and it is to crown man with the worldly  
Desires which won't lift man to the lofty heights  
Of glory, to be near to God, the big setback, man  
Is to suffer as he has distanced from the vicinity  
Of God, right from the beginning, the transparent  
Mirror has turned to translucent, due to the dirt  
Deposited on it; ideally speaking, one should see  
His own image in the mirror of his heart that too  
God wants man to have, the world is to become  
Purer with the mirror of Him, cleaned with belief  
In Him, that to be worked out in the days to come.

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## MONSOON

The thunderous sky bombards in my heart, with input of  
So much of heat inside, I shrink to the minimum and I am  
In the solitude of concentration and looking up, with the  
Incessant pleading, reaching high up in the sky, the dark  
Clouds thickened, consoled me, cooled the hot interior of  
Me with continuous shower in and out of me, the sweet  
Music of heaven sweetens the earth with the blessing of the  
Continuous downpour of the innocent water that heals the  
Cracked soil, so much of medicine in it, thirsty stomachs all  
Filled, long thirsty wait for the days over, smile on every face.

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## **MORINGA OLEIFERA**

The flourishing tree weighed with bundles of the tall  
Drumsticks, swinging and dancing in the wind to tell the  
Story of the wizard of heaven whose artistry in making  
The long sized fruits for charming mind and heart with  
The vision of trumpet in whistling the sound, with the  
Tune of music, for the wisdom in the inner beauty of the  
Stick, that is opened up with the cute seeds covered with  
The pulp, the value of high intensity in living brand of the  
Nutritional food in variety with its green leaves and that  
Transforms the mind and soul to summit of contentment,  
It heals and cures with accentuation of the beauty in heart  
And bringing in, to the elevation of mind for contentment.

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## **MY MOTHER**

The queen of my heart, savior of my soul,  
The goddess on earth, the epitome of love,  
Embodiment of perseverance, the symbol  
Of forgiveness, my teacher, my guide and  
Everything she is to me, next only to God.  
Seeing her footsteps only, I had milestones  
Passed, she molded me to what I am now,  
I owe everything to her, she only took me  
First, nearer to God, she was the bridge  
Between me and God, her sweet voice is  
Now heard in my heart, the beautiful song  
Of her, to make me, the child once, sleep;  
It is truth, I am eager to meet her in heaven.

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## **MYSTERY OF LOVE**

So much, poets write daily on the love for centuries  
But practically in real life, pure love is only very little,  
Hardly seen, it is fireflies twinkling in thick darkness,  
The world mainly concentrates on the periphery of love,  
Very little on the center of love, that is mystery, to be  
Explored, the mystery of love, the scarcely known part  
Of love; so much of enthusiasm one gets to know it,  
Expose it, what a thrill, the mystery of love gives you,  
The tranquility of love, the purity of it, its holiness; it is  
An excavation, goes deep to the root, hidden, that is  
God; the saddest part is, the connectivity between God  
And the periphery of love is hidden; explore it, expose it,  
Realize it, pure love becomes intense in practical life, the  
Thrill of this excavation is most beautiful, tasted so sweet.

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## **NO MORE**

The body is no more but the spirit is in, twinkling,  
Where could I see it, it lives in everything that isn't  
Dying; the love, the kindness, the honesty and the  
Faithfulness; all added together is the spirit that  
Gives life to man, when the body dies the spirit  
Escapes, it lives in eternity, splitting into minute  
Components, love and companions; vice-versa  
Also happens, as and when required, components  
Unite to form the spirit; say, no more to all the bad  
Elements, hatred, jealousy, anger, dishonesty,  
Unfaithfulness and unkindness; they are to die,  
They are to perish, then good elements get entry,  
They are to unite to form the spirit that floats in  
Eternity, winning over the bad elements, making  
The universe, singing the sweet melody of survival.

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## **NURSES**

Who on earth, collects the excreta of sick, and wash them?  
Only very few do that, they have sincere love, kindness and  
Selflessness; otherwise nobody would do it, the great act in  
The world; it is the greatness and the magnanimity of nurses,  
Living with the sick and helpless, giving them the right to live,  
Their selfless dedicated service, commitment and perseverance  
Make them great, their soothing touch on the sick before the  
Jaws of death is marvelous, it is beyond any comparison; how  
Many lives they save, how many sleepless nights they have, it  
Tells volumes of their conscientiousness, diligence and very hard  
Work and lifts them high up in esteem, not inferior to the godly.

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## **ONE'S GREATNESS**

The great one is at the bottom, he stoops down  
Like a mango tree full with mangoes, touches the  
Earth; he is humble, lives like an ordinary person,  
Simplicity, his lifestyle is so simple, he doesn't  
Think high of him, he doesn't give much value to  
What others think very high; why is he like it?  
He realizes fully, what all he possesses, the name,  
Fame, talents, brilliance are not his, God's gifts only,  
He is nothing, a zero; God's grace only fills him,  
Such a person works not for him, he serves for others.

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## **OXYGEN**

The air of soul that picks the life intact where  
It works with the value of life, to be pulled to  
Heaven and brought to bless soul, heart, body,  
To twinkle, the brightness to be sparkled with  
The input of the air of life and pervades the  
Way to live with enhancement of the purity of  
Soul that corrects the vulnerability of body  
With so much of love from heaven, man turned  
To be the gift of God, to make man perfect,  
And he is to take the advantage of having the  
The image of God in human beings, warmed  
With perfection, man is to be saved from the  
Imminent danger of sudden death of body.

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## PEST ON FLOWER

The beauty is tarnished by the pest, it creeps over flower  
Eating its beauty, flower has nothing to tell, no mourning  
But it is subdued, it is torn to pieces, the plant bears pain;  
Heart is the flower, so many dirt in it, nobody could count;  
The dirt is the pest, it creeps over the heart, subdues it, the  
Beauty of it gone, heart becomes slave to the pest, it has to  
Obey the pest, the rhythm of heartbeats changed to irregular,  
The pest controls the heart, It has lost its fragrance; the pest  
Comes out of heart and overpowers man, he dances to its tune.  
The pests invade the whole world, they rule world and destroy.

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## POET AND SCIENTIST

Exploration and analysis, the work of the two,  
The scientist does on the substance, analyzing  
It, substantiating the observation with scientific  
Evidences, toiling hard with parameters to find  
The truth, many a time he tries, He gets it once,  
The discovery, only tiny part of artistry of God.  
Poet flies in the horizon of truth, love, justice and  
Tranquility, he is not on the substance but above  
That, he lands on the crux of everything and he  
Flies on the truth only, he finds the truth within  
Seconds, while scientist takes months or years.  
The poet mainly deals with soul, heart, life and  
Death, he travels on the fastest vehicle, within  
Seconds reaches moon and stars, he flies over  
Everything, he brings the truth, such a fantastic  
The life of a poet, he is on the highest of earth.

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## POETIC EBULLIENCE

One being in the grip of thoughtfulness, suddenly released  
To be in the flying mood, high up in the sky, with the divine  
Intuition, far away from the already having thought, that hasn't  
Brought any pleasantness in mind, but the wishful divine feel  
That has come from the skies, touched the soul to rain into  
Heart, to be filled with the most delicate feeling that overflows,  
Caresses the interior of the person, drifted to the inner feeling  
Which overpowers heart and soul with divine ebullience, marked  
By the long silence of enjoying the heavenly bliss that lasts for  
Hours in the human mind and the bliss circulates in and around  
The mind; the loveliest feeling ever one enjoys is beyond any  
Comparison, the exuberance lifts the poet high up for long time.

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## QUARANTINE

Keeping away, from the noises of the world for some time,  
The whole world comes to a stand-still, everyone at home  
Covering mouth and nose, a sort of cutting away from the  
World, drawing to inside of one, to be with the self of one,  
To be with the deep self inside, the horizon of oneness is  
Opened, to be with the vast volume of divinity, poured in  
The heart of man, to wash off the world and worldly, to be  
Absorbed deep inside, to have the communion with God,  
The new sphere of life, having communication with holiness  
And purity, heart and mind cleaned, a new mandate for  
Exploring new patterns of life, introduced, the quarantine  
And lock-down, a forceful commitment to be with Almighty.

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## **RAINBOW**

The most beautiful by reflection, refraction and dispersion  
A wonderful phenomenon in water droplets, the marvelous  
Sign of beauty by God, projecting His majestic presence in the  
Troubled world, exhorting His presence everywhere, more to  
Come in with perfection, in beauty, divinity and Godliness, if  
Whole world believe in Him; how much happy He would be,  
Blissful moments to come, the heaven to be drifted on earth,  
Worldly beauties multiply everywhere, in every nook and corner,  
The height of delight everywhere, the trouble whatever it is,  
Expelled, nothing to think, ideas flow to goodness only, the  
Deadly virus disappears, rainbows everywhere, even on earth  
Itself, the wonderful execution of divine thoughts, all to come,  
The rainbow is the sign of His presence, the deadly virus is the  
Warning for man fleeing from God; man, everyone to come  
To Him so soon, lest more trouble to come, have the basics  
Of wisdom to realize the outcome; more rainbows- in -waiting,  
God to touch everything, the earth to become big rainbows.

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## RECITATION BY HEART

So much of enthusiasm, my heart has when  
It recites, what the soul dictates, thrilled with  
The input of wisdom it carries, with allegiance  
To God, the poetry of beauty, heart delivers  
When it has the substance of eloquence to  
Deliver, the rhythm of the world, it feels and  
Sings, the notion of the beauty of harmony in  
The nature and man, it senses, communicated  
To the poetry of it, what it perceives, the story  
Of creation and its love in making, mysteries  
Simplified to the feasible elements in love of  
God, that is transcribed in hollowness of mind,  
And is filled with the input and the heart recites.

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## REFLECTON

How many of you know, for each and everything  
You think, you do, there is reflection from your  
Inner mind after some time, it is the truth of what  
You have thought or done sometime before, only  
A few could catch, their hearts filled with holiness  
Of the truth which inspires them to go up to vicinity  
Of Godliness; the purpose of human life achieved.  
The truth is the cream of everything, it is reflection  
From the unseen God, it is what God intends you to  
Do, you concentrate your mind to grasp it though  
You may have repeated failures to catch it, you will  
Definitely win in your ardent attempts; just follow  
The truth, it guides you and guards you, you reach  
The top of the world, you live with the truth forever.

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## RELATIONSHIP

Heaven comes down to earth, both are tied with  
Hard steel cable, walking on it to and fro, cable  
Is so strong, more to come and walk, so smooth  
Is the passage, rose plants are planted on the side  
Of the path, watering daily, plants grow merrily,  
Beautiful flowers bloom a lot, the gentle breeze  
Spreads fragrance everywhere, many come and  
See the beauty of roses, smell them, very much  
Delighted they are, they look at the heaven, the  
Cable stretches a lot, when there is thunderstorm  
The cable won't shake and all are absolutely safe.

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## ROMANCE OF SOUL

The trueness of it with the magnificent reality that shines  
As a glittering crystal in the magnitude of softening of soul,  
That the brings the souls together with the effervescence  
Of calmness, modesty, with the trueness of hearts, separated  
By a long distance with seas and mountain, but the souls  
Sprinkled with meeting together in vacuum, with the fountain  
Of true love sparkling in an attitude of silence that tells a lot of  
The modesty of heart, of soul to be previewed with preamble  
Of love, together in soul, and the sharp wisdom of realizing the  
Great truth, everything except soul, perishes, what is the point  
In loving the perishable; loving the non-perishable soul with  
All tranquility, purity and holiness, the souls together forever.

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## ROMANCE

Pure love with addition of a sense of heart, that takes A different color, that takes the direction of the other Heart mainly, concentrated on it, never detached from It, the more one tries to separate it, the more it fixed, A strong adhesive in between, never to break, it is the Normal course, but it is spoiled occasionally; the added Power to pure love by heart, takes it to new dimension, It can infiltrate the brain and soul, the romantic feeling “Can’t live without it”, it has thousand volts power that Thrills the mind and body, the body twitched with the Sweet imaginative mood; if everything goes in normal Course without any deviation, the romance flourishes With musical heartbeats that sing the sweetest melody.

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## **SECULARISM AND RELIGIOSITY**

The harmony between them quite possible, if man  
Thinks of God in the real perspective, only ignorance  
Makes the conflict; man should know, God is love and  
Pure love is God, each religion is meant to worship  
God according to its custom and convenience, that  
Doesn't differ from what the other religion thinks;  
The core of each one is God only, man must adhere  
To the truth, loving man or the love to members of  
Other religions, is really worshipping God, as God is  
Love only; if man realizes this great truth, there is  
Great harmony among religions, keeping their all  
Religious beliefs intact, making the country highly  
Secular; the love, friendship and harmony flourish  
Among them, proving the truth, God lives in them.

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## **SKY- HIGH**

My heart has gone sky- high, my soul beyond it,  
My body twitched with the vision of heaven and  
I forget myself completely, I don't know where  
Am I, I feel strongly, I am in another planet and I  
Forget my origin; it is not Alzheimer's disease or  
Anything of the sort, it is out of the immense  
Pleasure I have, I am in elevated mood, which  
Won't come down, my heart is concentrated on  
One point, it is the door to God which may open  
Any moment, I won't go back, it is a great truth.  
What happened to me, I recollect; this morning  
Only a drop of dew fell on my head from above.

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## **SOLID MIND**

The great treasure on earth, the solid mind which  
Anyone can possess provided God enters heart,  
Human mind turns to softness from hardness and  
Flexible, it could be stretched from one point to  
Another one, to any extent, as Godliness replaces  
The worldliness, a wonder it is, the world becomes  
A heaven, it is built in human heart, the miracle of  
Today by God, proving the fact, how far man away  
From God, it is not an exaggeration but the truth  
Of truth, which many can't digest; man could  
Lift mind over any thought, bad thought is subdued,  
Good to hear, God blesses man, perfection of life.

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## **SPIRITUAL BEAUTY**

Beauty at its height in spirituality and what you see  
There is the most beautiful, spirituality not a life with  
Grief or pain, but it brings extreme happiness, which  
You won't get in worldly life, spiritual life is the most  
Beautiful life and the cream of what all you face on  
Earth are there; as there is no dirt on heart in spiritual  
Life, the life is as pure as snow, no negativity there;  
What all you didn't get in worldly life is there in the  
Spiritual life in the most perfect way, the perfection  
Materializes there as it is the intimate life with God.  
The internal senses open in spiritual life, when the  
Worldly is gone by absolute faith in God, you see,  
Hear, and smell with the open internal senses; what  
You see is the most beautiful, which you have never  
Seen before; one lives in the most beautiful sphere of  
Life, which appears always as the heaven on the earth.

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## **SPIRITUAL BLISS**

World and worldly can't give heavenly joy which  
The soul gives, many are ignorant of it, it is not an  
Exaggeration, but it is the great truth; I say it out of  
My experience and careful study, I won't bluff you,  
Lack of realization is the main defect with many and  
If they could realize the truth, how beautiful, world  
Would be, awareness to this aspect is highly needed;  
What all happiness and enjoyment, the world gives,  
Like massive wealth, power, luxuries, physical love,  
Sex, are miles away from the heavenly joy one gets  
From the soul, the spirit of God; the spiritual bliss is  
Incomparable, why man is greedy to amass wealth,  
To grab as much as possible, when the real treasure  
Is inside him; explore not outside, but the inside, and  
When the inside opened, outside automatically opens.

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## **SPIRITUAL IMMUNITY**

Many unaware of it, they might question its authenticity, The one who knows it, fully aware of its greatness and Its glory, he realizes the great value it has, to prevent the Catastrophe that may hit him very badly; for example one Must take all worldly preventive measures like taking two Doses of vaccine, 'stay at home', 'wearing masks', and the 'Social distancing', all highly necessary to protect from the Disaster, but in addition, what we need today is protection At the root, the spiritual immunity; it is the protection of Soul from the danger, that is reflected on to the body, the Very strong determination, that is to come in the person, From repeated pleas to God in the calamity; strong faith in God gradually developed, that forms a circle of immunity Around human soul, it is an automatic affair, a great reality.

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## SPONTANEITY

The beautiful, uninterrupted flow, quite natural with  
The tranquility and purity, without any external stimuli,  
It comes spontaneously; the naturalness embedded in  
Holiness and divinity, as it is not with any worldliness,  
It has input from nature and the output is tremendous,  
For everything natural, spontaneity here in its discharge.  
In man, the voluntary thoughts fill in his mental faculty,  
These thoughts have human approach and color, that is  
Purely human in day- to- day life and man performs with  
His will and wish, voluntary thoughts make man work.  
If man could make mind free from voluntary thoughts,  
Mum inside with utmost concentration, the involuntary  
Thoughts come with spontaneity, they are pure and holy,  
Take man to horizon of tranquility, divinity and Godliness.

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## STETHOSCOPE

The music of heart rhymed through the tubes,  
The murmur of lungs sweetens; man, a poetic  
Music, played by violins, pianos and flutes with  
Different tunes from the different organs of the  
Body, all amalgamated by the soul to heavenly  
Symphony that spreads to every part of human  
Body which functions to the tune of music, that  
Can't be picked by the external senses but by the  
Deep senses opened, and the heavenly music is  
Bestowed on the humans; a tiny fraction of the  
Music is picked by stethoscope, that is something  
Great, helps to diagnose and heal the human body.

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## **SWEETNESS**

The sweetened heart, the sweetened soul, the sweetened Body, all belong to one, the sweetness, the most beautiful Word with honey dripping, honey rains, honey streams and Honey dissolved in man; one might ask, what is the honey? Why everything sweetened; sweetness, the tongue tastes, Man perceives; it is the spirit of God that gives man freedom To enjoy sweetness; but for it, everything felt very bitter and Everything devastated; nothing wrong to tell, the spirit of God Makes man enjoy sweetness, and with it in man, everything is Felt sweet in bitterness, the magic of God acting, everything Sweet as God is the great sweet that will never touch upon The disobedience to God and the self- centered glorification Of man, where sweetness on tongue but not in heart or soul.

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## THE BEAUTIFUL FACE

Beauty in my eyes, that is in no way, beauty in heart,  
Beauty in eyes inconsistent affair, that may change  
From time to time; eyes can be closed as constant,  
To see the beauty, the same always with so much of  
Effervescence instilled in it and beauty perceived; the  
Pick of beauty is heart, it slowly absorbs and delivers,  
What should be the nutshell of beauty, it is the heart,  
Twinkling inside that is reflected on face as well as  
On other parts of body, the divinity and love of soul  
Transmitted to heart, and reflected, a sort of divine  
Painting with golden colors and shining jewels studded  
On it, the value of it, bypasses eyes, projected outside.

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## THE BEAUTY OF MOON

I have it in me, in my heart, the beauty of moon  
That pervades, the divine melody heard, it echoes  
Everywhere, the beauty of my soul that I see in the  
Sky when everything is dark, the world is sleeping,  
I wake up, looking through the window, the highest  
Object that is golden, hugging me with all its golden  
Arms, I too become golden, my heart is filled with its  
Golden love, heart beats musically in divine melody,  
The darkness outside is gone, it is bathed in golden  
Beams of moon; feeling of heavenly bliss bestowed  
On me, the most beautiful in the sky always with me,  
Kissing and embracing me, the sweetest feeling ever  
Falls up on me and caresses my soul, the divine touch.

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## **THE BEST TEACHER**

The best teaching, you are teaching you,  
I am teaching me, wisdom is inside you,  
It is inside me, the exploration of it is the  
Great learning which the great majority  
Don't do; search and find out what is in  
You, it is nothing but the Almighty; finding  
Him is the highest form of education which  
Anyone can adopt, do not mug up what  
Others teach, you search and find out the  
Answer yourself, step by step, you go up  
And up, you become your teacher, the best  
Teacher; you think, you find best solution,  
You conquer you, you conquer inhibition  
In you, the barrier in you demolished, the  
Wisdom in you exposed, it starts working.

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## THE DISSECTION OF LOVE

So many types of love, we have heard in life  
But which one is the genuine, one might ask,  
Love is a tranquil feeling of high intensity with  
Great affinity, spontaneous in origin, gives a  
Pleasurable, sweetened feeling that caresses  
Heart and soul, never to forget, accompanied  
Throughout life with honey- based memory, ends  
With physical death only, it is the genuine love  
That will never die, this love intensified in silence  
And loneliness, it loses its potency with external  
Manifestations like exchange of words or widely  
Known physical love; with them the holiness of  
Love little bit gone, the severe attachment getting  
Loose, and there is chance, the purity of love is  
Gradually getting lost; the best form love is the  
One that is kept sacred, inside of heart and soul.

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## **THE FALLEN ROSE PETALS**

The garden with majesty, full of rose plants,  
Blooming roses, so beautiful they are, sending  
Fragrance everywhere, the plants sway in gentle  
Breeze, everybody at home relishes beauty of  
The red roses, the flowers write poetry in many,  
Their hearts read it, so pleasant the life, poetry,  
Beauty and fragrance, all three make the home  
A heaven where bees singing and fly onto the  
Flowers, they suck nectar and delightfully leave  
Garden, blessings on home, such a wonderful life.  
The storm hits all of a sudden, the beautiful petals  
Fall down one by one, lovely dreams disappeared,  
What is left behind, the grief and sweet memories.

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## **THE FLUENT DROPPING**

The thrust of my heartbeats with transcendence  
Of the rhythmic movement, with blissful outcome  
Of the wonderful asylum and hefty movement of  
the wishful pleading, that must pave the way to the  
Cessation of the storm that strikes hard in the life of  
The passion and temptation, that rises as tidal waves  
In the tempest; a sudden halt, when I raise my heart  
To heaven, what for I worry, what for I fear, the reason  
Is my heart living with the strong attachment, to the  
Sanity of your kindness, no havoc, whatsoever comes,  
You are on my tongue, my Lord, I am above the perils.

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## THE HAVOC

The havoc produced in man is by his mind,  
Dark clouds formed sailing across the mind,  
Stationed at the center, highly dangerous and  
It might rain any moment with thunderstorm  
And lightning, which many can't prevent and  
Control, it is the major havoc produced in the  
World with widespread destruction; the dark  
Clouds formed from the vapors of fear, envy,  
Anger, hatred, grief, and temptations, darken  
Human mind, raining heavily, spoiling the mind.  
The intensity of the dark clouds vary from very  
Thick, heavy, to lighter one, heavy one thunders,  
It fills the mind and rains with thunderstorm for  
Months or years, the person can't escape from it;  
The lighter one drizzles only; how to nullify them?  
Man can't do it alone, what he needs is help of  
God; entrust everything to God, He will make them  
Lighter and lighter and at last He makes them zero.

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## **THE MEMORIAL**

Heart says, soul prints, the goodness in memorial of the Person, the persons, leaving behind the legacy of goodness Perpetuated in the amplitude of sweet memory, that flows Incessantly in heart and soul, to be drifted to the far end of The memory, that reaches future generations, to emulate, To adore, to adopt, in spirit, the goodness, the courage, the Bravery, the love, all the manifestations of God, instilled at Varied time; magnified the value of it, the greatness of it, To be followed; the memorial speaks volumes of the great Quality of goodness that have merged with time and age, Sends fragrance in every heart, today and in days to come.

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## THE MOST BEAUTIFUL

I have in me, the most beautiful, which I see with my heart,  
Not with naked eyes, relished by the soul, even tasted it so  
Sweet, words not enough to tell its potency, only heart can  
Tell little, soul feels a lot; the feel, the taste, and the smell,  
Together, what an experience internally, never it is exposed  
Outside, it is a wonder, it pains, but the pain is sweet, it never  
Dies, it never decays, it is the love that shines ever, it pierces  
Anything, so powerful, it can overcome anything, even the  
Death, it can't be measured by any worldly scales, heart only  
Measures it, the soul senses it; its beauty with sweetness and  
Fragrance, make the world very beautiful and it shouldn't fade.

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## THE NEW ONE

Generation- wise, the new, the latest, but in heart  
Faraway from the sincere love and the bond with  
Parents, quite often seen nowadays; the fashion  
Of sending parents to the old- age-homes, very  
High today; but for love, the parents get the basic  
Amenities, but their hearts vacant, they are looking  
Far which they will never get, they are really helpless  
And weak to cope with the running of the present  
World; the nostalgic heart thwarted, artificial heart  
Floating, the new ones fully unaware of childhood  
memories, what they got then, total forgetfulness,  
Memory fades completely in them; the big quality  
Of modernization and enjoying the luxury; what  
To do, the aged parents become primitive in the  
Eyes of the new generation, new are without hearts.  
A true incident, few years ago, refreshes my memory,  
The only son, on whom the parents had showered  
Immense love and blessings, was sent to the US  
For higher education with condition to come back  
After studies and marry a girl of their choice from  
Their own place; but after studies, the boy neither  
Communicated with parents nor came back and he  
Married an American girl, not responding to their  
Phone calls; father died of extreme depression;  
One day son came home with his newly- wed wife,  
Showing great love to mother, she was made to  
Believe, she will be taken to the US with them;  
In the meantime the son sold all her properties.  
That day they were at the airport to board the  
Aircraft to the US, suddenly her son and wife left  
Telling, they will come soon; the poor lady waited  
For hours, at last, a woman in charge of a home  
Came there to take mother to an old- age- home.

## **THE POWER OF A MAN**

It is his willpower to tackle any problem, he faces  
And the determination to overcome the adversity  
That engulfs him, definitely it is his stable character.  
To come out of it, one needs stability of mind which  
Shouldn't give way; one might ask, how is it possible?  
Self- reliance is the key, the ability of one to adapt to  
Any situation, whether it is good or bad, to be tackled  
By him only; never succumb to any situation adverse.  
One must know the truth, if all the doors are closed,  
Definitely, there will be one hole to escape; one must  
Find it, for that one needs self-reliance, search and  
Search, he sees the exit; never to depend on anybody  
On earth; you, yourself can find it, the power of you;  
Realize, the power of you is God, hold Him so tightly.

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## THE TWINKLING STARS

Sitting alone, I look up, seeing the beauty of my heart  
Twinkling in my soul, the nakedness of sky, illuminated  
By the beams of the golden moon, my heart beats with  
Immense love, my soul transmits it and it reaches stars;  
The stars accept my love, they kiss love showered on them,  
So much of love passed between us, my heart is lifted to the  
Stars, my heart disappears in darkness and what is inside  
Exposed, the love of me, it is twinkling and I sees them  
As rings of little stars, the ring each encircles each star, they  
All come down in my soul, illuminating it and they glitter,  
I now see my soul with so many little stars, smiling at me.

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## THE TWO IN ONE

The same at the root, different at periphery, both are one  
But totally different outwardly; happiness is not happy when  
There is no sorrow, and no sorrow without happiness, mind  
Is the same but it delivers differently; happiness in the 'x'  
Direction and sorrow in the 'y' direction, so much so the  
Outcome is different, but they are intermingled outwardly,  
If you get more happiness, you are eligible to get more sorrow  
Or the vice versa; wonderful the ways of them, both emerge  
From the mountain Himalayas as streams when the ice melts,  
The streams flow down to river, ends in the vast ocean; both  
Emerge from the great mind, takes the different course and  
End in the Almighty; in fact God perceives the intensity of the  
Flow and the type of flow, He nourishes and guides the mind of  
The person, it is long circuit connecting God and mind, amazing  
Way of God, magnificent and mysterious; man doesn't know it.

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## THE WORKING OF LOVE

The unseen power softens heart and soul, it rains  
Honey in the interior of man, to be the great victim  
Of affinity, that transcends the willingness to accept  
The great freedom of opening heart to something  
Most valuable, relaxation of mind to taste, to relish  
The sweetness of honey and to warm the heart with  
Active involvement in something precious, thinking  
That it should never be a waste, never it should swell,  
It shrinks to the minimum in heart, it is the real one,  
It takes the form of the sweetest in the world, it never  
Loses the sweetness even if it tastes bitter, it acts as  
Adhesive, great one, never it to be detached, at least  
It is in heart till the end, true one has a divine touch,  
The feel of it enough to cool the burning heart, many  
Take it as food and drinks, it lives in everyone forever.

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## **TO BE GOOD**

Everyone on earth wants to be good in life, even the Big criminal in jail, wishes to be good, but he can't, he is really helpless as a force pulls him back whenever he tries to be good, not allowing to go forward to the Righteousness; it is what happens everywhere, the Repeated advices given to them have no value as they Succumb to inhibitory forces always, the bad thoughts Always rule them; what is the way out, how to solve? Go to the root, not to the periphery, make them know, Only strong faith in God can block the inhibitory forces, If they are convinced of it, they can neutralize negativity.

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## TO DISTINUIH

World in turmoil, couldn't reach conclusion, right or wrong?  
The big nations utterly confused to know, what is the truth?  
The person is agitated to realize the trueness of the problem  
What to do, what not to do, the big problem confuses many,  
One can't depend on others as they are unstable and incapable,  
Moreover, their opinions cannot be trustful as they are humans.  
What is the solution, one might ask; you, yourself find answer  
As the God in you can speak to you the truth as He will never err,  
The person having God inside knows right or wrong; as the first  
Step of gaining the Spirit of God is ability to distinguish between  
Good and bad; the judge is you, yourself, it is the God speaking.

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## TOO MANY

“Too many cooks spoil the broth”

Too many trying to do the same thing, nothing will be done,  
Too many advisors to the leader for the same matter, nothing  
Comes out, utter confusion prevails, the conflict of ideas, no  
Unanimity, no end to it, everything spoiled; the ornamental  
Telling, so many doctors to treat the same sickly person, it is  
A surprise to see the person still alive; one can have a second  
Opinion, but that does not mean, so many of doctors treating  
Together, the same person; medical science is simple, it is the  
Arithmetic,  $2+2=4$ , it will never be 3, even if you go to moon;  
For any complicated problem to be solved, what one should do?  
Trust in one person, that is God, place your problem before Him,  
He will never betray you, He gives the answer, he will select a  
Person or two, to help you, to advise you, confidently go for it.

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## TRUTH IN POETRY

Ideas dissected to the core, feelings condensed to cream,  
Emotion disintegrated to atom, it is the nucleus, that is  
Dormant in heart and soul, bombards on paper or screen,  
The truth with much power, pierces everything, lives after  
Decades and centuries, getting potentiated day by day,  
So solid every time with so much of trueness and beauty  
That will not fade with anything, it soothes, it sweetens  
And it pricks, but it makes man think, wisdom comes, man  
Rejuvenated, never it kills man; it is the truth of earth, of  
The universe and of God, it could be split to Godliness and  
Divinity, that could lift earth to heaven, the great wonder.

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## THE TRUTH OF LIFE

Living with luxuries, life well- settled; is that enough?  
No, something more, the perishable is the outer life,  
The non-perishable is the inner life, the most valuable,  
If that is empty, what all possessed outside is valueless,  
The world inside is the truth of life; possess it, living  
In it is the aim of life, what for man is born on earth.  
It is the divine world where one lives with deep senses,  
One can achieve it by developing absolute faith in God,  
Inner world is the core of human life where one is always  
Approximated to God, one is guided and nourished here.

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## **TWISTS AND TURNS**

Life a journey, two roads, God gives to reach destination,  
A straight road for one set of people, a road with twists and  
Turns for the second set of people; first one can walk on the  
Straight road very slowly only, they don't have the strength  
To walk fast or run; but people on the road with twists and  
Turns, can walk very fast and do even running, the path  
Over the rocks and hills not a matter of concern for them  
As they could even run over the elevated places, they  
Won't get exhausted during journey; in final lap of journey,  
People on the straight road are much ahead of those on  
The other road; second set of people ran fast, reached the  
Level of those on the easy path; what a surprise, all of  
Them touch the finishing line in exactly the same time.

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## **UNCONDITIONAL**

The great word with the spontaneous flow, that is  
Incessant with the aptitude of having the magnitude  
Of everything in it, without an iota of thinking, that  
Is to give cent percent, wholeheartedly; a dedicated  
Service without any inhibition that is to pertain the  
Agreement of holiness, it is to be with the Almighty  
From every heart, in love and in true spirit, it ought  
To be, but it is not established, only very few do it;  
This misfortune of mankind, becoming devastated  
In conditions of ill-treatment to God, man doesn't  
Realize his folly, neither he knows, the unconditional  
Flow to be to fellow human beings, the dictum of life.

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## **WATER DROPS**

Everything in nature, everything so innocent,  
Transfused with the holiness of purity and that  
Comes in the way of my sorrow, washed with  
Tranquility of my heart, filled with soberness of  
Heaviness that I couldn't bear, goes out with the  
Perpetuation of the amusement of sad song, that  
in every way impress upon the transcendence in  
Immortality of hope and I pave the way to nexus  
In priority of sweetness of grief, in deep hearted  
earnestness, to come with short- lived water drops  
That may evaporate or flow to magnitude of living.

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## WELL-BEING

The state of goodness in and out, so much so the glory  
Of life evades all ill feelings that may invade the human  
Life with the input of blessing from above, that keeps  
Body and mind, healthy and comfortable; pleasantness  
Cover everything with so much willpower to withstand  
The adversities, making mind a heaven above hell, the  
Great achievement, man extinguishing the fire that is to  
Burn him; the mind, most powerful part in easing the  
Difficulties; the onset of dark clouds assembling in sky  
And rain on the dry, cracked land, raining in human mind  
And heart; the weather, the atmosphere, become pleasant.

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## WHAT IS IT?

Very strange things happen in our world,  
So many involved in it, justice is thwarted  
Justice and truths politicized, selfishness  
Adhered to most of convictions that are  
Delivered, won't admit the wrong as the  
Wrong, even by the well- respected men  
And women; they hold tightly on wrong  
Idea, telling it is the true one, even if you  
Proved it wrong, they will never admit it,  
Instead they put forth counter-arguments  
To state, they are right; many won't admit  
The truth as the correct, this human fault  
Weakens our system of existence, truth of  
Justice and our vision of perceiving truth.

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## WHERE TO FEEL GOD?

God is in, around, and everywhere, but He is unseen, Known but undetected; you know of God, seeing His Great artistry and mysteries; finding out the minute Part of His great mysteries, one feels the great and Majestic glory of Him, one then to realize, He is the Greatest, the wealth, the mightiest and everything For everyone, but the saddest part, the majority of Those on earth do not know it; the only reason, why The world faces so much of conflicts and calamities; I ask you, how many know it, how many to value it? If the whole world realize this truth, all adversities Will end in a second, but many may take it as joke. Now the question, have you ever felt God directly? God is with you, in you, but you don't recognize Him, The biggest tragedy man encounters; overcome it. When the worldly is gone by intense faith in God, The barrier between you and God is crushed, your Internal senses open, you feel His presence directly.

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## WINNING

The evils should be defeated, goodness wins,  
When will such thing happen; set everything  
Right, the basic of winning is to overcome what  
Is in disarray, anything that is not in order; chaos  
To disappear, love is binding, love conquers, it  
Wins, how does love win, one might ask, it is by  
Its sheer presence, as pure love is tranquil and  
Spotless, free from all dirt and there is nothing to  
Compete it, love is the victor, all evils flee seeing  
It, love makes the goodness undefeated, no rivalry.

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## **WONDERFUL MIND**

With God, definitely the wonderful mind,  
Building it is easy that everybody can do,  
A new theory, I put forward, easy to digest,  
The positive part, the elevated mind is God,  
The negative part, the sunken mind is devil  
God wants always, man to have mind high up  
Never He needs, mind sunken to the bottom,  
If it falls down, man bears the responsibility  
It is totally duty of man to elevate the mind  
If man tries hard, God helps him to do that,  
When mind is up, never allow mind to sink,  
Man with God, man is to preserve it always.

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## **WORLD ENVIRONMENT DAY**

The earth is mother, the nature is God  
And we save our mother, protect God;  
This day gives the awareness of it, how  
To prevent pollution, sea level increase,  
Protect wild life, preserve food security;  
Restore ecosystem, and what can we do?  
Plant and grow trees, green our places,  
Rewild gardens, eat green, clean up the  
Rivers, seacoasts; love nature and love  
To earth; let the nature live so nicely,  
This day is to refresh the awareness to  
Know and tackle the problems, nature  
Faces today and to show our love to it.

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## **WORLD OCEANS DAY**

Mystery of the universe tells the formation of oceans  
Water would have been in the material that formed  
Earth, water molecules would have escaped earth's  
Gravity, forming body of water which covers majority  
Of earth's surface, the emergence of life; the beauty  
Of earth appears in long blue veins, the life living in  
Them, millions of plants and animals in oceans, oxygen  
From photosynthesis, the marvelous mystery of God.  
Save the oceans, save from the man- made destruction,  
The call of the day; restore ecosystem, stop the plastic  
Pollution of oceans, stop eating sustainably- sourced  
Fish, strengthen scientific research to connect ocean  
Science with needs of society, the ocean day calls for.

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# **BLISS**

**DR. K. K. MATHEW**

Dr. K. K. Mathew's poetry in this book stems from the continuous flow of thought and prayer with God. His depth of understanding of mankind and his appreciation of the beauty of the earth surrounding him, shines forth in his written words. His offering of beautiful poetry to the world is his way of returning a portion of the gifts God has bestowed upon him.

Annie Johnson - Poet, USA