



My Soul TWINKLES

DR. K. K. MATHEW

MY SOUL TWINKLES

DR. K. K. MATHEW

©
Copyright 2020

My Soul Twinkles

DR. K. K. MATHEW

Poems

© All rights reserved

No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form, or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior permission of the editor, except in the case of quotations embodied in critical articles and reviews.

First impression: 20 November 2020

ISBN: 978-93-5437-131-8

Cover & Layout: Global Index, Kayamkulam

Printed at: Global Index, Kayamkulam. Tel: 9446 34 9060

Email: admin@globalindex.in

Published by author:

Dr. K.K. Mathew

Pratheeksha

K.P. Road, Kayamkulam 690502

Kerala, India

Tel: 0479-2445976

e-mail: drkkmathew@gmail.com

Website: www.mathewpakalomattam.org

PREFACE

This book is my 21st collection of Poems in English. The 100 poems in this book were written during October and November 2020. The poems are mainly mystic and spiritual. It is really a spontaneous outflow of my inner feelings. I invite the readers to evaluate these poems.

Dr. K. K. Mathew
Date :20 - 11 - 2020

Kayamkulam

ACKNOWLEDGEMENT

I am very much indebted to Dr. Cijo Joseph Chennelil, the eminent literary critic and poet who enriched the book with a glowing Foreword. He is the Professor and Head of the Department of English at Kristu Jyoti College of Management and Technology, Changanessary, Kerala, India. I am grateful to MASSY Madhu Kaleeckal, CEO, Global Index - Brand Makers, Kayamkulam.

Dr. K. K. Mathew
Date : 20 - 11 - 2020

Kayamkulam

FOREWORD

The poetry book titled "My Soul Twinkles" put together by the eminent poet Dr. K. K. Mathew is truly a holistic literary work touching upon the contemporary realities from various perspectives and angles. The work is known for features such as a rare insight into the world today, the exploration of the inner meaning of life, the explicit reference to the vagaries of life, the presentation of the world as a place of constant evolution, the description of human beings as persons of various wavelengths, the ruptures that do take place in this life of transient nature, the refreshing aspects of life, the philosophical way in which life is narrated all throughout and the enduring positivity as a hallmark of the entire creative venture.

This book keeps the focus upon the variegated elements of life in a stark manner. The life is not a bed of roses rather it comes across many ups and downs but amidst these intractable issues confronted by us, we need to be always optimistic concerning life in general. The very thing that can add substance to life is a mindset of forgiveness even towards people who work against our interests. The humane side of life is highlighted predominantly through this book of overwhelming vibrancy.

The transcendental nature of existence is given utmost traction with respect to this work. The bliss associated with heaven is a permanent reality compared to the transitory nature of joy experienced by us here on this Earth. The inner peace is something that we need to work towards in our life fair and square. The intricate nature of human relationships is also conveyed through this book of unique pedigree.

The concept of love is the theme that appears in this book in an enormous fashion. Love is described as an emotion which constructs the human self and directs it into the pathway of righteousness here in this world. Through true love, the human self is spruced up to face any eventuality in life. The feeling of love redeems one from his/her vices. The trajectory of genuine love can adduce humanity with true salvation.

The main function of poetry is to bestow upon human beings succour and comfort from all cobwebs of life. The catharsis impact of poetry upon the healing of human souls is the most defining nature poetic culture. If poetry can perform that task of therapeutic nature, then it can cleanse, purge and purify humanity of all cheap emotions and instincts. Yes, poetry does the act of clearing this world of all mundane vibrations.

This book also keeps its spotlight on the philosophy of life. After all, life is a journey of nothingness if we look at life from a logical point of view. The uncertainty regarding life is the enigma surrounding life here on this Earth. The more we search about the very purpose of life, the more puzzled, bewildered and taken aback we all are. The life presents us with situations which make no sense in the final analysis. Yes, life is a story which does have no beginning and no end ultimately.

This book also dwells upon the current affairs, the world is faced with today such as the Covid-19 pandemic and its wide ranging consequences upon the whole world, the restrictions placed upon human beings free associations and movements, the suffering undergone by human societies around the world, the unlearnt lessons by many in this world which is still gravitated towards a culture of

exploitation and also the inherent positive mindset displayed by many pious souls to remind us all that it is not too late to seek a new world of sustainability.

Through this marvellous poetry book honourable poet Dr. K. K. Mathew has added yet another feather to his cap of rejuvenating creativity. Let his romance with letters continue unabated in years to come. My heartfelt congratulations to him for coming out with such a paramount work of ebullient verses.

Dr. Cijo Joseph Chennelil.
Professor and Head of the Department of English
Kristu Jyoti College, Changanassery,
Kottayam, Kerala, India.
Kuravilangad 2020@

CONTENTS

1. AUTUMNAL SOUL
2. COIN
3. CONTENTMENT
4. CUT
5. DEAR ANOOP
6. DEW
7. DOG BLESSES
8. EMOTION SUBDUED
9. FLOWERS JEALOUS
10. FORGIVENESS
11. FRIENDSHIP AND ROMANCE
12. GOLDEN LINE
13. HEART TALKS
14. HEAVENLY JOY
15. I LOVE YOU
16. INNER PEACE
17. LEAFLESS TREE
18. LOVE IN SILENCE
19. LOVE IS LIGHT
20. LOVE IS LONELY
21. LOVE OF SOUL
22. MELODIOUS LOVE
23. MIST
24. MOTHER'S LAP
25. MY PRAYER
26. PAIN IS SWEET
27. PASSION OF HEART
28. POETRY HEALS
29. POETRY PAINTED
30. POETRY THE SOUL
31. PURPOSE OF LIFE
32. RAINBOW RISES
33. REMORSE
34. ROSE
35. SEX
36. SILENCE WHISPER

37. TEARS OF HEART
38. THE BIRD
39. THE DOGS
40. THE POET
41. THRONE
42. UNSEEN LOVE
43. WAR
44. WAY TO HEAVEN
45. WITH YOU
46. WORLD FOOD DAY
47. WRINKLES
48. YOU IN ME
49. YOU LOVE ME
50. YOUR OWN WAY
51. AUTUMN LEAVES
52. AUTUMNAL THOUGHT
53. BEAUTIFUL HEART
54. DIABETES MELLITUS
55. BIRTHDAY
56. CHEMISTRY OF ROMANCE
57. CONGRATULATIONS
58. CONQUEST
59. DEEPAVALI
60. FAITHFULNESS
61. FLOWER
62. FOR A BETTER LIFE
63. FRUIT
64. FULLY CONTENTED
65. GODLINESS
66. GREATNESS
67. HONESTY
68. HOW MAN TO BE ONE
69. HOW MANY DOCTORS?
70. HUMBLENESS
71. INNER EYES
72. KISS
73. LIGHTNING
74. LOVE A WONDER

75. MAGNIFICENCE
76. MEMORY
77. MUSHROOM
78. MUSIC
79. MY KERALA
80. NO DEATH FOR ME
81. NOVEMBER
82. PEBBLES
83. PLEASURE
84. POETRY IS CROWN
85. QUIETNESS
86. SALVATION
87. SEARCH
88. SEPARATION
89. SEXUAL DESIRE
90. SOCIAL DISTANCING
91. TENDER HEART
92. THE BEST LOVE ON EARTH
93. THE TINY GOD
94. THE UNSEEN TRUTH IN HEALING
95. TO THE TOP
96. TRANSFORMATION
97. VACANT MIND
98. WHAT IS COVID-19?
99. WHY GOD CREATED MAN?
100. WORD OF SOUL

AUTUMNAL SOUL

The maximum intensity in which the soul comes
With exuberance of love that ignites the passion
For God only, the fall accentuated by the drama
Of non-possession of body with it dissected out
Spiritually with the scalpel of absolute faith in God,
Relaxed and naked the autumnal soul, the fall out
Of body from it, too beautiful it to guide man to the
Vicinity of God, to the fulfillment of aim in life, that
Is the most relaxed soul, free from the burden of the
Body, glitters with the glow of God, to be tiny part
Of God, man becomes most beautiful on the earth.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

COIN

Cry in other's misfortune
Enjoy in other's fortune
The biggest lesson in life,
Life a big coin, one side
Fortune the other side is
Misfortune, coin is running,
It may fall on one side or
The other, the mix-up of the
Two, that falls apart on heart,
That may induce light or the
Darkness, the two are part
Of life, the same may happen
To you one day; absorbed in
Fortune or the other as it is
Yours, life becomes fruitful.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

CONTENTMENT

Sanity of heart with fulfillment of desires
With everything standstill, mind is vacant
Only God at centre, the faith to share with
Him the burden, too released to be calm,
In everything I am fully with him, nothing
With me and I have no desire, fully satisfied,
No worry, no despair, nothing wanted, fully
Contented with what I have, only one duty,
Just to follow Him, easy life, heart filled with
Happiness, peace and divine thoughts, what
Else, to love and to be loved, heaven in me.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

CUT

Cut in heart when love is genuine
The pain only when the love is true
Trueness only when heart transparent,
Sensitive heart when purity is bestowed,
True love is rose with thorns, very sharp,
No beautiful heart without thorns and
Thorns cut and body bleeds, may it be
Profuse, pain is severe, but it is so sweet,
No medicine to heal it, only love heals.
Everything smooth, no cut or pain, it is
Fake only, as heart with selfishness, only
To gain, nothing to lose; to get maximum,
Nothing gone, heart not sensitive, it is
Hard, nothing pricking and nothing lost.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

DEAR ANOOP

Dr. Anoop, why did you end your precious life?
You were a brilliant, young Orthopaedic surgeon
With name and fame, having very bright future,
You had your own nursing home, having treated
Thousands, your wife was giving anaesthesia for your
Surgeries, with her assistzance you did wonders;
You were not for money, but you were for your patients,
How many experienced the miracle of your hands!
Why did you perform the most risky surgery on the
Girl of seven having congenital bone deformity and
Heart disease when all others refused to do surgery?
You did it out of love and compassion for the child,
You know the truth, the girl might die on table due to
Severe heart problem, you were too bold and did the
Surgery ; child died of complication, of heart problem.
You were too innocent, but the cruel society and media
Accused you very badly for a week, you couldn't bear it,
You escaped the severe accusation by flying to heaven.
Dear Anoop, you failed to realize the thankless society.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

DEW

Dripped from heaven, falls on my soul,
Blessing of the Almighty, cools my soul,
It falls into my heart, it overflows and it
Flows everywhere, too pure and tranquil,
It sweetens every heart and soul, it cleans
The dirt in me, in everyone; it heals torn
Soul, the wounded heart, it cools the trees
And plants, it cures the nature, one drop
Of it enough to clean litres of dirt as it is
Heavenly, tears of joy from heaven, the
Interlocutor between heaven and earth;
Let dew stream to every nook and corner.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

DOG BLESSES

Heart of dog, the animals so tender
That man can't compete with them
With his heart dumped in dirt that
Brought the Covid19 on earth, so much
Loving the dog, equally the cat, all other
Pet animals and birds, even the elephant,
Tamed lion and tiger love unconditionally,
Unconditional love they have is unlimited,
Pure love flows in heart turns to blessing,
The open hearts of these loving creatures
Fill man with sanctified love, that is blessing
Of God bestowed on man as this love is God.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

EMOTION SUBDUED

Subdued on paper the emotion that outbursts
Contained it in letters that written with heart,
Emotion seemingly beautiful when it overflows,
When strong feeling tantalizes thoughts to form
Emotion to be transferred so strongly, subdued
And poetry formed, fragrance of love, sweetness
Of happiness or bitterness of sorrow mixed with
It and story of heart or story of soul blend and the
Divine truth of life exposed, it kindles the glow in
The darkness to lead human life in the magnificent
Way blooming on each letter of poetry and it reads
The sweetness of poetry of heart and soul on paper.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

FLOWERS JEALOUS

Flowers jealous of leaves but leaves
Resist it, at times flowers attack
Leaves, usually in autumn flowers make
Leaves turn to flowers and fall down
On ground stretching to wide carpet
Of colours, flowers are so jealous that
They won't allow leaves to stay on trees;
In spring, flowers bloom in plenty and
Replace the leaves to be subdued, they
Suffocated and fall down, leaving flowers
Monopolize and show majesty on trees.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

FORGIVENESS

The heart on its mission to move forward
But the omission of revenge to lay apart
And the heat on face to be cooled down,
It is a gift bestowed on man in his pursuit
To explore new avenues in life, just the
Opposite to what he has, the scintillating
Beauty of cooling the heart, frozen, subdued,
It is a charm, nonresponsive to heat that
Might down him, but energy to gain the
Strength suppressing emotional outburst
And to be pulled down at the height of
The burning heat and lie flat and go to
The bottom and stay there with peace
With tranquility and develop compassion
For the opponent, even though he has
Done the havoc, develops compassion with
The wisdom, it is God only to judge and act,
The great phenomenon of forgiveness
Ensues, mind is at the top of pleasantness.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

FRIENDSHIP AND ROMANCE

The heart in order, heart mingles with
In friendship, close attachment, could
Be exposed, people enjoy, very useful
To each other, some live on it, it floats,
It flies, never comes down, all are free
To move, happy, relaxed, never heavy,
Always light, heart and soul not focused,
Never lands down, always floating, never
Destructive, always constructive, doesn't
Sink in love, but love is strong and flexible.
So adhesive the romance, not that open
But very concealing, doesn't come out
But always mixed with heartache and
Soul ache, as they often fused together,
The love here heavy, gravity very high,
Doesn't float or fly, most of the time
Silent, language of love different, coded,
Always brain loaded with tension, worry,
Sometimes with despair, can't part with,
Difficult to lose, equally difficult to retain,
Most of the time have laboured breathing,
Heartbeats very fast; many a time much
Confused, doesn't know what to do, how to
Proceed further, how to leave it, go forward
By two feet, but come back by same length,
Go and come, heart is breaking, rarely
Catastrophe ensues; it is a disease affecting
Heart and brain, very rarely eternal, it has
To pass through pain and obstacles, but the
Pain is sweet even if it hurts, it may bleed,
The very thought of it sweetest, incomparable.
Now you say, what you need, which one better?

GOLDEN LINE

She looks at the sky through the window
Dark clouds sailing high, threatening to rain,
She feels her disturbed mind on the sky,
Rain comes as she is to hang in seconds,
But golden line glitters over dark clouds
Just before it rains, the golden line flashes
Into her heart, she paused for a moment,
Ending life not a solution as the shining
Gold gives a ray of hope, she withdrew
From her attempt and moves out of room,
Only one aim in her life, to live and to live.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

HEART TALKS

Heart talks the glory of love, the language
Of the melting heart that fumes to the soul,
So strong, it is imprinted there that pure love
Streams with fragrance of soul and sweetness
Of heart and the soul two converse, the two
Hearts communicate, the contentment of the
Love established, purity of soul and tranquility
Of heart proved, the fusion takes place inside,
Not outside with the great amplitude love that
Will never, never fade, but becomes stronger
In the great run of life, even nobody knows,
Love has strong language, the two only know.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

HEAVENLY JOY

The state of being in heaven, the feel in mind,
In heart and soul, when everything on earth
Lost, when sufferings haunt, even without
Anything, mind is stable, heart is strong and
Without any grief or despair, infused with
Tranquility of mind, happiness of soul, blissful
Feeling, to be at the height of ecstasy, love
Mingled with joy and hope, the feeling of better
Tomorrow, the feel of floating on the heavenly
Love of the Almighty, man doesn't come out
Of the inner divine feeling, the most valuable
On earth, possible only by deep faith in God.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

I LOVE YOU

The heart is mine, but it is yours
I have a soul, but it belongs to you
Yours is mine but I live in you and
You in me; the breeze carries smell
Of you, the eternity is yours but I
Live there with you, the solidity in
You, the flexibility with me but it is
Compensated, how adorable you are,
I am a fan of you, too much depth in
Your love for me, I love you so much,
I could hear your heartbeat, I know
It is for me, too musical, it sweetens
My soul, the magic of love makes us
Blind, but we see each other with our
Hearts, my heart whispers, 'I love you'.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

INNER PEACE

The state of being in tranquility at heart
The roaring sea calmed, a feel of stability
That is fallen from heaven, fell exactly in
My heart, it is far away from the tense
World, in the midst of jungle, everything
Calm and quiet, how tranquil the place is,
Only divine song of birds heard, nothing
Disturbing, I sat there long, I looked up at
The sky, it is so clear, only white clouds
Sailing seen, heavenly blessing on me, I could
See the heaven beyond, I am absorbed in it,
My heart is fixed with it, so strong the bond,
I lay flat on a rock looking up; heaven in me.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

LEAFLESS TREE

Leafless the tree, the stem dry
Under the hot sun, the tree pale
And to collapse, but the root is
Intact, it has pierced earth around
The wood, the root rejuvenated
The rain showered, the buds come
Out, the tree starts growing, new
Hopes rained on it even though all
The dreams were shattered, new
Beginning, tree branches, full of
Leaves and fruits, sun can't dry it.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

LOVE IN SILENCE

The attitude of me in the midst of tranquility
The silence of my heart puts love in silence,
Life moves above the gravity of earth, in the
Horizon of love where my heart meets yours,
The world doesn't know it as it is so silent
Like the cat drinking the milk; heart to heart
The love, soul to soul the love, love of heaven
Blooms in us, the world can't overrule it as it
Is sacred and purest, the holiness of it protects
It from attack of the world, love is so delicate
That it is unseen with naked eyes, hearts see it,
It doesn't die, it lives vigorously beyond death.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

LOVE IS LIGHT

That brings me to the glow of love
And illuminates my heart with the
Real strength in the vicinity of love,
It streams in darkness of the world,
Me at the height of the shine of love
Look down to the bottom of the land
Where I see my image as shadow and
The glow at far falls on the darkened
Shadow, it weakened and disappears,
Leaving the glow spreads in my heart,
Fills it, dissolved in blood, the blood
Fills me with the light and me at the
Top of love with the glory to lighten
darkness, the love of heart illuminates
me in the road to the kingdom of love.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

LOVE IS LONELY

To be alone, the wish of true love, silence
The mediator as heartbeats dissolved in
Silence, the heart talks, soul talks, silence
Communicates, the words of God echo,
Divinity of heart established, Godliness of
Him the root, the love becomes musical
As the soul picks the divine music, that
Showers honey in heart, the loneliness
Turns to heaven where heartbeats musical
And rhythmic, the loneliness golden and the
The love sweetest, only God sees the love that
Streams in between two hearts in loneliness.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

LOVE OF SOUL

Very soul in the grip of love that
Drips to heart, fills it, vaporizes
And clouds on the top of other
Soul and rains in heart of other,
The circuit built with soul to the
Heart and then to the soul, the
Love so silent, circuit continues,
Only soul knows, heart realizes,
Love is melodious, soul sings and
Heart transmits to the other soul,
Love is poetic, it contains everything,
The melodious synchrony of love,
Echoes in soul and heart of both, love
Doesn't die, it lives even after death.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

MELODIOUS LOVE

The love that sings in heart, echoes in soul
Too melodious the love that sweetens soul
Heart dances in the tune of the singing love,
Song drips honey in me that fills my heart,
Ecstasy of music dipped in me and I become
An angel flying in the horizon of love with
Music of heart, my heart beats musically
With the singing melody that I doze in the
Sweetness of it, heartbeats so rhythmic and
I am absorbed in the music, and it dissolved
In my blood, I hear music in love everywhere
Melodious love in me lifts my spirit to heaven.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

MIST

The cloudy feeling in heart that bestows
The haziness of soul manifested the misty
Feeling that opens the sense of cloudy sky,
The clouds sail into my soul and rains the
Feeling of mist in me and around me, the
World looked hazy and misty, everything
White and holy in my heart and soul, a sort
Of happiness, misty in me, it is heavenly joy
That transfuses depth in me to realize the
Holiness in me to purify my heart and soul,
The mist sails in the depth of me bringing
The vision of the glow that is seen at far.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

MOTHER'S LAP

Sweetest place on earth, the safest site
Where you are secure, dipped in love and
Care, mother's lap is the burrow where you
Can lie with head resting in it, the moment
Of ecstasy, where honey drips on your soul,
honey rains in your heart, your heart filled
with sweetness of mother's love, you feel
as if you are in heaven, the real bliss in you,
how much mother is happy when you are
in her lap, the divine love fills your home,
then the heaven is drifted to mother's lap.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

MY PRAYER

Never I want to be rich
Never to amass wealth
Just to live as ordinary,
Let me not prick anyone
Let me do good for others,
Give me strength to withstand
Anything adverse that I face;
Thank you Lord, for the peace
And contentment you gave me,
Lord, I don't need anything more.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

PAIN IS SWEET

Pain is sweet to me, it smelt
Fragrance of my despair as
I find pain has a purpose as
Everything adverse has aim
As every challenge is useful;
Everything adverse not a waste
As God watches it, purposeful
Every component of the life.
If mind turned a bit up towards
God, everything adverse flowery,
Fragrance of it turns mind heavenly.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

PASSION OF HEART

The genius of heart lies in the long standing
Adaptability to the mysteries of life, that too
The sail to the intricacies of life, so much so
The affinities to the world and beyond that,
The great enthusiasm to the core of world,
The urge to fly over unseen and unknown,
Realizing the search is the passion my heart
Has, to comply with it, to seek and find and
The thrill to find new avenues of life, the joy
When the creativity done, something to gain,
Not sitting idle, to step forward before sleep.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

POETRY HEALS

The healer in letters, its impact on soul
So enchanting that poetry stimulates soul,
Soul soothed, soul sweetened, it is healed,
Poetry must be soulful, then it is lively and
Its healing reflected on body, that too healed,
The total healing, poetry gives, divinity swells
In poetry, the molecules of Godliness in poetry,
If one absorbed in true poetry, the element of
God acts on him, he is soothed and he is healed;
The divinity in poetry acts on the wounds in body
Heart and soul, enhances healing process, a truth,
Poetry must be soulful, poetry the words of God.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

POETRY PAINTED

Heart paints with different colours,
Lyrics with enthusiasm of heart and
I see the clarity of my soul there, heart
And soul meet on paper, blood infuses
Love in the painting, colours mixed with
Tranquility and compassion, painting
Emits poetry of heart; poetry of soul
And poetry of heart mixed together form
The painting of great art on the canvas
Of love and sympathy that bring your
Heart with me, your fondness, your face
With grace, your love for me, everything
Together on paper in front, I read it many
Times and you flew from the painting into
My heart with immense love, then to soul.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

POETRY THE SOUL

Poetry is the soul as soul dictates it
Poetry is love as soul is purely love
The real love is soulful, not of body,
Love is stored in deep heart, not in
The physical heart, the blood of the
Deep heart is divine, it represents
The true love, deep heart is spiritual,
The pathway of real love is soul to
Heart and to blood, love is reflected
Only on the body; the true poetry is
Evolved from this divine pathway,
Poetry is soulful, divine and Godly,
It lives in trueness and in tranquility.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

PURPOSE OF LIFE

What for man is born?
What is the purpose of life?
How many thought of it?
How many accomplished it?
A journey to the beginning
A journey to the end, how
Much that is reflected in me,
The panorama of human life.
It is the inner life that matters,
That only God counts, values;
Life is a quest, one after another,
So many challenges in front
To tackle and subdue and the
Willpower gained from faith to
Win each and every time, matters.
Faith in God the core that lifts
Man from fall when he faces
Each trial, the faith strengthened,
It becomes big rope at last, quite
Unbreakable, the barrier between
Man and God broken when faith
Becomes intense, unbroken, the
World and worldly gone, the deep
Senses open, man sees and hears
With them, he is now in a world
Where God at the centre, the world
Of soul, he is with God enjoying the
Heavenly bliss and peace on earth as
His body spiritually removed by faith.

RAINBOW RISES

Different colors scattered in sky, rainbow rises
The sky looked like heaven, the colored poetry
Written on sky, the colors are the lyrics, I wrote
On my heart, ink is my blood in different colors,
My imagination is on the top, I visualize it with my
Deep eyes, it is what I see in heaven, the same I
See on the sky now, the heaven drifted to the sky;
A few phenomenon, sky turned to heaven when
Deep eyes opened, everything bad turns good
Seen when deep senses open, the wicked turned
Righteous when seen with deep eyes as deep
Senses recognize good and bad, earth and heaven.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

REMORSE

Words picked up with thoughts
Heart not find out the truth and
Disillusioned my mind to grasp
The right, we live in a world of
Mist, the outer senses can't see
Or hear, the inner senses must
Catch the truth, only faith in God
Does it, but remorse is the word,
One might use when there is sense
Of repentance, the lack of judgment
Is the absence of wisdom; get wisdom
From God, the total allegiance to Him.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

ROSE

Rose my heart, rosy my blood, everywhere
I see rose, beautiful my heart, overwhelmed
My soul with fragrance, beauty blooms in my
Heart, petals its valves, so much honey in it,
The nectar so sweet, it infuses much delight
In me, I am absorbed in the depth of the love,
The rose represents, the thorns hurt me too
Often, but the pain is sweet that I dissolve
In the sweetened pain and me a love seeker
Puts my heart on the red roses in my garden,
I don't touch them or smell them as they fly
To my heart and soul and I live with them, my
Heart is beautified, its smell goes deep in me.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

SEX

Sex organs function with giving enjoyment
To males and females as result of increase in
Sex hormones and stimulation of nerves, a
Process for child bearing, the artistry of God,
Blesses man with worldly joy and reproduction.
It is a divine process with definite purpose
Which God intends for man, but it is misused
Widely leading to wide spread crime, some
Are addicted to it, making the divine process
Devilish, the whole sanctity is spoiled, the
Divine process is a part of true love but man
Must aim to go beyond the limit of sexual
Pleasure purely by intense faith in God, must
Reach the sphere of spirituality where spiritual
Joy is many times superior to worldly pleasure.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

SILENCE WHISPER

The loneliness of my thought, when I am
All alone on the sea shore, the sun at the
Far end dips in the sea, the dusk gives me
Energy to sharpen my deep heart to hear
The whisper of silence, sweetest melody,
Very soft and faint, perceived by my heart,
It echoes in the interior of me, heart thrilled
With joy, soul sweetened, me at the height
Of exuberance, sails in the tranquility of the
Silence, the lyrics I could hear clearly, the
Sound of heaven, delivered softly and vividly,
Only deep heart picks it, I recognize it, glory
Of God, transmitted to all planets so silently,
That mesmerizing words dissolved in me and
My spirit elevated to heaven; I am now with it.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

TEARS OF HEART

Dew drips from heaven, falls on soul
Flows to heart, heart filled, it overflows,
The tears of heart, it wets heart muscles,
Heart soaked with it, tearful heart pays
Homage to anything, very sympathetic
And kind, heart is tranquil as tears are
Purest, tears drip from heart, streams
Around the world, cools the heat and
Vaporizes; it clouds in the sky and rains
Heavily and the earth is totally cleaned.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

THE BIRD

The love of heart more in the birds
Next to the pet dogs, more of the
Inspissated love, that is so touching,
That love is the play-master of heart,
The strawberry of the soul, to be put
In as the driving force man to love and
Go forward in the most troubled world.
Have a look at what happened in hospital
Recently; a man admitted for sickness,
There he is since three weeks, nobody
From home came there at least once,
Only hospital people nurse him, feed
Him, he was alone, nobody at home,
He said; a pigeon comes there every
Two days and sits on his body for awhile
And goes away; later it is known the patient
Used to sit on park bench daily and feeds
The pigeons in the past, the bird can't fly away.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

THE DOGS

Delicacy of heart culminates into extreme love
That never departs from heart, never to undo
But the format of love simple as it is absorbed in
The solidity of heart that driven to the eternity,
The selfless attitude of love dissolves in the sense
Of sacrifice, that is pertained to the long standing
Endeavour to glow the flame that is lighting forever.
The beggar on the street, the stray dogs his friends,
Fell ill, critical, taken to the hospital nearby, the
Dogs came to know, ran to the hospital, waiting
Anxiously at the entrance for hours, not moving
Away, ignoring the threats, to know the condition
Of their friend, grief and anxiety on faces, ready
To go in and do any help, the great sight of love;
A great lesson to those who discard their parents.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

THE POET

Soul dictates, heart writes, the ink blood,
The feelings divine fill heart, it overflows,
Godly his thoughts as soul is fragment of
God, brain bypassed, the circuit formed,
Soul, heart, blood and paper, the divinity
Comes on paper, Godliness drips, the love
Streams, emotion intermingles, truth sails
Over it, it stimulates, it soothes, it sweetens,
God on earth, on paper, everything blessed,
Truth of future delivered, truth of past and
Present hidden, poet incomparable, superior
To priests, the holy men, moving the mass
With sharpness and divinity of words, that
Pierce everything, the hardness of heart,
The toughness of soul, if many true poets
Here, if poetry echoes, the earth a heaven.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

THRONE

Heart shines, soul glitters, honey rains
When the two meet on the tree, on its
Branch, the diversity of heart meets the
Intricacy of the soul, the two on an easy
Note, the divergent passions come to a
Standstill, they together on the opposite
Side, what to do, they pause for a moment,
Synergic action takes place in hearts and
on faces, they kiss each other, the butterfly
With the colourful wings and the blue frog,
The soul fuses with the soul, heart with
Heart for long, the long silence pauses,
The love intense shines in both, memory
Of past birth comes to both, they were
Together once, frog so affectionate, bow
Its head, the butterfly flew onto its back,
Chose it as its throne, very happy to be
Over the frog, the golden moment, the
Past life recalled, life with beauty of soul.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

UNSEEN LOVE

The flash of love hides behind the clouds
It glitters there, the light flashes to heaven,
Dew drips from heaven, falls into two souls,
Top of soul clouded and it rains honey in hearts,
Hearts filled with honey but it doesn't overflow
It stays in heart and soul only, not seen outside,
Honey frozen there, it sweetens heart and soul,
It melts at times and fumes to heaven, and back
To heart and soul, the circuit continues forever,
It is so silent that only heaven, heart and soul
Know, nothing seen outside and it lives forever.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

WAR

Man war with man, the realm of mind
Conquered, dissipated thoughts overrule
Man at bay, victim to bad feelings and
Individuality not discovered, beating about
At the periphery, can't enter the centre of
Mind where tranquility exists, divinity flows,
Godliness rules; man carried away by the
Unrealistic thoughts, the devilish, then the
Devil leads him, guides him, no glimpse of
The reality of the centre, he fluctuates, he
Fibrillates, he is shattered, to escape that,
He aims at others, gets contentment from
Paining others, he doesn't know, he ruins
Himself, a sort of suicide, individual suffers,
Society sinks, nation suffocated, bad notions
Win; war between thoughts, God with devil.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

WAY TO HEAVEN

The hazardous path before me, obstacles
And obstruction too many in front, the
Perilous way with thorns on the path, feet
Hurt and they bleed, many times about to
Fall but I held on my faith in God, I was
Lifted as I have surrendered to God in the
Beginning, faith strengthened as I won
Over the hurdles, faith became intense
And unbreakable at last, the moment
World and the worldly gone, the barrier
Between man and God crushed, the deep
Senses open, I hear and see with them,
I feel the presence of God, hear His words,
A world of extreme beauty and fragrance
Around me, I am in it, the world of soul,
Don't feel the pain and suffering outside,
World of extreme happiness and calmness,
I live in that, enjoy that forever, the physical
Separation of body takes place any moment
Like the clothe taken out of me, my soul lives
In eternity, it floats there in the heavenly bliss.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

WITH YOU

The melody of love in me for you
That is sung by my heart to be
Filtered in my soul, I live in the
Midst of so much love you have
For me and I live on the love you
Showered on me, my heart, lungs
Function on it and I become tiny
Part of you, so much I follow you
Every path I take, the feel of you
Enough for me to face any challenge
That comes on my way to be with
You, Lord, my body vanished in the
Pursuit to be close to you, but my
Soul active, it is adhered to yours.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

WORLD FOOD DAY

Stomach curved inside, flesh all thinned
All the bones counted, eyes sunken, lie
On floor, drinking water, the figures in
The painting, make all eyes full, so many
All over the world, especially in Africa,
A big section deprived of food, the great
Problem on earth, even worse than Covid 19.
Exploitation the root cause, all big nations
Must set apart a part of their revenue to form
A trust to provide food for the starved, a united
Venture can do wonders, the WHO should take
The initiative to coordinate the great task to
Eliminate the poverty from the planet and the
World must realize that giving food to starved
Is the need of the world with first priority and
Urgency, world must unite together to execute.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

WRINKLES

The form of oldness that bestowed on man
With thinning of body and skin, manifested
With uneven skin with up and down, losing
The texture, that is the aging process with
Loss of vigor in all faculties that man with
With wear and tear, on journey to the fag
End of life, the signs exude the confidence
Of meeting the truth that is waiting for him
And he with calmness of mind, strides to the
Pleasantness of his mission being completed
With wrinkles and furrows to be amalgamated.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

YOU IN ME

The melody of sleep sweeps through me
The loneliness of heart passes across me
The world in standstill, me at the height of
tranquility, dips into the immortality of the
Silence, the sweetness of it caresses my soul,
Everything in the universe departs from me,
The melody of silence heard, but nobody seen,
I could pick, it is your heartbeats, so rhythmical
And musical, the melodious voice, so soft and
Subtle, echoes in the interior of me, sweetens
My heart and soul, guarding me all through.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

YOU LOVE ME

The magnificent love you have for my soul
My heart too gets it from you, you at the
Peak of volcano erupting, flying over it to
Me, your skin burned but nothing inside
Spoiled, my heart nursed you with blood
That flowed inside you, it soothed your skin,
You are healed, all your burden gone, you
At the peak of my soul, delivering stream
Of love to me and I sail over it to your soul,
The soul of us two join together and flew
To heaven leaving the hearts on the earth.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

YOUR OWN WAY

Your way is your own method in your life
Your own way, God gifted right from birth
Your own style, your own way in life and
Your thinking, everything your own, yours
Only, not belong to anybody else, You stick
On your only, never change it, not be carried
Away by what others have, you go your own
Path, you go gently and steadily on your way,
You dedicate to yourself, never loosen your
Tightness, go forward, surely victory is yours .

Copyright © My Soul Twinkles, Dr. K. K. Mathew

AUTUMN LEAVES

Best way to life, the best event on earth,
The change in total, leaves turn to flowers,
The change, the leafy heart to the flowery,
The dirt turns to nectar, the transformation,
That the dew from above touches leaves in
Autumn, fall and float, lands on the surface
Of earth, with blessing of land that paves
The way to the colourful life on the surface
Of earth, the quality of change outnumbered
The quantity of colours that painted on earth,
The magic of the twist in the allegiance to the
Mystery, that forms the newness in everything,
Discarding the old is the best way to life here.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

AUTUMNAL THOUGHT

The thought that is giving way to fall,
The thought that might exhibit negativity
That is the passion for the world and
Worldly in me, fumed out of my heart,
Leaving the thought for the glory of me,
Only when God visits my heart with His
Extreme kindness, that infuses His spirit
In the depth of me and I am elevated
From the agony of life, I am pumped to
The cream of the glory that is to draw
Me to the magnificent horizon of safety.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

BEAUTIFUL HEART

The one that is fragrant all the time, the
Sweetest with its taste that it will never be
Sour at any time and love fills it, overflows,
It flows everywhere, love kindles light inside,
The darkness all elude, the heart is flowery,
Roses grow plenty, the breeze carries smell
Everywhere, the thunder storm will never
Hit at it as it is too tender to deliver honey to
Everyone in the pursuit of conquering every
Heart with tranquility of its core, the day and
Night caress it with countless experiences of
Having honesty and faithfulness too filled in it,
The heart goes in memory with glory kindled.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

DIABETES MELLITUS

The sweet life sweetened again with the
Multitude of sugar filled in blood that
Performs the hardness of the body and it
Fills life with so much of sugar that heaped
The excessive sweetness, to be deprived
Of the transient melody of sweetness to
The sourness of the body and mind and
Pulls man down to grave, but the intention
To get rid of the excessiveness to the path
Of starvation of sugar, fills mind and soul
With the merry aptitude to live with the
Deprivation and contented with the less.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

BIRTHDAY

The say in heaven that comes on earth to
Bless the glory of human life that pertains
The mystery of love that flowed on earth
And perpetuates the masterly beauty of
Human life to go with nobility of human
Nature that is the miniature of God on earth
Reminds the gift of God to be relished as
The most precious present God gives to make
Man live with the glory of God, and man is
The ambassador of God on earth, let earth
Be glorified, man with hope of selflessness
And dedication to carry out what God gives.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

CHEMISTRY OF ROMANCE

God is love, universe is love and everything
Love only; dirt deposited in it on earth and
It is man responsible, when dirt mixed with
Pure love, love of God transformed to love
For man and for the world; the love of God
Pure and divine turned to love manly and it
Has smell of man, attached to man mainly
And partly to God as man replaces God here.
Attachment to man, to his heart and body,
Rarely to the soul, the love is sticking as the
World in it, while God's love like fluid and
Non sticking, it flows smoothly, easily shared

Copyright © My Soul Twinkles, Dr. K. K. Mathew

CONGRATULATIONS

Heart vaporizes with divinity of soul,
The chilly weather continues to rain
In the mellow of the delight of soul,
Personifies the image that transcends
The depth of having the admiration
And pertains extensive richness of the
Deep sense of happiness and it tilts
The noise of praise and dissolves in
Condensation of attraction, wishing
The amplitude of heartbeats for the
Greatness of excellence done and
It breezes to depth of the admiration.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

CONQUEST

Conquering the thoughts, the conquest of all time
Suppressing them, the most difficult task on earth
But one can achieve it if he is on the right path to
Go forward, comes back to the right path from the
Wrong one, everybody must know, the right path
Is the path where man is sent by God where he is
To execute his duty before he stepped on to the
Wrong one, the right path leads man towards God
Where the faith in God is the key factor which holds
Him from falling, the more he goes forward on the
Perilous path in the right direction, his faith in God
Intensified at last it becomes unbreakable and the
Moment the human thoughts conquered by faith
And replaced by divine thoughts; it is the conquest.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

DEEPAVALI

Heart lightened, soul twinkles, we walk to the light
Of glory with inspiration of straight forward stride
From the spirit of darkness, the victory over evil,
Goodness takes care of us, everyone, altitude of glory
Bestowed on everyone spiritually with the thrilling
Moments to celebrate all over the land, glory lighted,
The festival of light that runs with aptitude of joy
To be infused mentally or spiritually, the hope of
Cleaning, decorating human mind, lamps glowing
Inside heart and soul reflected outside with the
Multitude of light, sweets, feasts what more, the
Festive season of prosperity, never to go back.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

FAITHFULNESS

Never in life, never in heart, a dirt deposited
That maligns the tranquility there, a word of
Consolation that arises from heart to be most
Faithful to God who is with me that and I must
Share that faithfulness to my fellow men and
If I am unfaithful to them, I disrupt the circuit
Of me with God and I am keeping myself away
From God, to be in the turmoil of confusion
And the smooth way of life disturbed; but the
Faithfulness to God preserved, that keeps
Everything intact with flow of loyalty and the
Faithfulness to everyone with purity of heart
And tranquility of soul adhered to God and to
Everyone with keenness to be faithful always.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

FLOWER

The truth tells, the heart is flowery, opens
Petals and closes, mystery of it puts heart
Contract and relax, the flower of heart is
The sweetness of soul, that the fragrance
Spreads everywhere to the dome of mind
And it spills the beauty of soul to be mixed
With the attractive smell of flower and it
Pervades the gentleness of the flower to be
The queen of the garden where I fetch my
Imaginations, come true that the mystery of
God bestowed on the heart to be a flower.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

FOR A BETTER LIFE

How to have a better life?
How life to be more fruitful?
How purpose of life be fulfilled?
The answers are very simple.
Life should be helpful to others
The first and the foremost to do,
If not, let not any heart be hurt
Let there be little adventurism in life
Otherwise life is too monotonous,
Life becomes rich if you could do
Something new, the creativity.
How to achieve all these gifts?
Share all your burden fully to the
Best person, that is God, find out
Him first and pass it on to Him,
He carries your burden fully and
He works for you, you become free,
Your life becomes much better.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

FRUIT

Soft, sweet, delicious it is, at times sour and bitter,
Sweetness of life turns to bitter, agony creeps in,
The sweet fruit eaten, the sour spitted out, what a
Contradiction, both plants grow in the same soil,
Manure the same but the intricacy of mystery of
The unknown exists that makes the same plants
Different in the ways of life that builds the aptitude
For many to live whether it is good or bad, the pain
Of life is to live, the happiness of life is also to live,
The end is the same, but the difference is how you
Live with it, how you comprehend, how the suffering
Is conquered, how to be simple with the happiness,
The act of modification is the best, that is the fruit.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

FULLY CONTENTED

Fully contented I am as Jesus made me fulfil
Many times of the purpose for which I was
Born in the world; nearly five decades, I could
Treat successfully the poor, the downtrodden
And the ordinary in a rural region without any
Specific fees, patients could put anything they
Like in the box placed on the table, all the poor
Patients are treated free, I could find out new
Clinical observations in medical science without
Any advanced scientific facility, some of them
First of their kind in medical science and I could
Find out Jesus Christ personally in my life, I could
Show Jesus to many through my life, I could do
Major contribution to the literary field especially
To poetry, I could convey Godly wisdom and Godly
Words to many all over the world through my
Poetry, my website delivers them; I came to the
Realization that I am nothing, everything in me
Is Jesus and it is Jesus who did everything for me;
I am ready to go happily any moment when called.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

GODLINESS

The highest order of glory in the human life
To have the best life on earth with immense
Pleasure inside, so solid it is, everlasting the
Feel that with God, tasting and relishing God
With the sweetness of the glory of God that
Is above everything on earth, the hardness
Of thought in man gone, the divine softness
Caresses, the tough feeling comes to end and
The flowery feel with fragrance spreads inside
Man, everything soft jelly like in him, everything
Honey based, sweetest ever, the thought honey,
The feeling honey, the music of soul heard, heart
Sings it, words of God heard, everything directed
By Him, the pain and suffering disappeared, what
A feel, everything centred on the unbreakable faith.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

GREATNESS

One's greatness lies up on his self-reliance
Not depending on anybody to do wishful,
Sharing and diverting his own capability is
Something falsehood, that doesn't bestow
Greatness, the mind with glory is too humble
And simple and the one who believes purely in
Himself, realizing the truth, himself is God in him
and the total allegiance to that power; knowing
The great truth that he is nothing, everything
In him is God only and God is working for him,
The full credit goes to God, not to him, it is the
Greatest realization ever, that feeling makes
Him most obedient to God, that is reflected on
filling heart with love, honesty and faithfulness.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

HONESTY

The intimacy of love that bestowed on heart,
that trespasses the solitude of mystery in love
and passes on to the amplitude of the tranquility
In human mind, that stimulates formation of a
spotless heart to deliver the purity of heart and
soul to tell the truth only as heart is filled with
absolute tranquility that breezes in every aspect
of life, whether faces good or bad, determined to
tell truth only, as the mind and heart pure with
the realization of tranquility flowing from God, and
live with contention that purity of God lives in me.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

HOW MAN TO BE ONE

How man to be one and the same?
That solves all problems in world,
The ego gone, depression vanishes,
The difference absent, the gulf filled,
When the thinking flashed in mind
of everyone as who created universe?
Who made all the creations so perfectly?
Is it man?

No

Then, who else?

Definitely, the unseen superpower
That created everything, everyone,
All, that power made the same.
It is man, by exploitation, made the
Difference in man; not that power.
Anything wrong in submitting to creator?
No, never, to do is the duty of everyone,
Then man becomes one and the same.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

HOW MANY DOCTORS?

The animals live merrily in forest, the birds
Fly high in the sky, the ants plenty, the great
Army marching, all they thrive and flourish,
The monkeys healthy jumping from trees to
Trees, babies well nourished, very healthy,
How many doctors there to treat them, how
Many health workers to nurse them, but still
They are perfect, great wonder of the Almighty,
They are all free to move, very free to enjoy,
But man, how many doctors to treat, so many
Medicines to be administered, but still suffering
Continues, increases, hospitals can't control it,
Man look at the flies, wild animals glorifying the
The greatness of God, learn from flies the truth,
Depend on the almighty fully, then you are free.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

HUMBLENESS

The purity of heart reflects onto the downward Trend rather than the upward, comes to ultimate Realization that I am nothing, everything in me is God only, the end-point of spirituality is zero only. The feeling of egotism, excessive pride, manifestation of ignorance of the truth in human life and reality of life eludes the person to realize fully, whatever God gives is enough to live, the more one makes Is a waste, the person realizes what all greatness He acquires is the gift of God only, he can't take Credit of that, this feeling makes him so humble.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

INNER EYES

The worldly passion in its intensity focused
Through the ways of life and amalgamated
With process of transforming mind to the
Glory of thought that propels act of pursuing
Mindset to the tranquility of powerful images
Which may fall on inner eyes and it changes
What all it may be to the diffuse category of
Inner beauty, the inner eyes twist melancholy
Of life to the beautiful imprint of divinity as it
Fetches the melody of inner eyes in my soul.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

KISS

The esteem of love that God kisses man,
Not man kisses man, it is the spiritual force
Inside to be reckoned with, longs for love that
Chooses to be close to love, the continuity
And the freshness to be established so that
Love triumphs, the closeness of love together,
Intensifies the potency of it, notwithstanding
The human body rejects it, love retained in
The heart, love retained in the soul, they kiss
Each other in spirituality, a magnificent way,
Love refreshed every moment, otherwise the
Love decayed, the perishable body insignificant
But the significant love of God kisses the man.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

LIGHTNING

The spark from heaven comes down, strikes,
The waves of the spirit of God on earth striking,
Earth trembles, the heat of heaven downpours,
The warning from heaven falls over the earth
But the strike overpowers the surface of earth
A sort of beating on localized area that immensely
Punishes man and land with the fury of anger for
The cunningness of man to be rectified with big
Strike accompanied by thunder to go inside every
Heart to be alert in every aspect of life, the sound
Of heaven heard in every wickedness man doing
And have wisdom to recognize greatness of God.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

LOVE A WONDER

The mystery of a truth that never exposed,
A feel of exemplary honey that not spilled
Retained inside in full with sweetness and
Fragrance that never decayed if kept in the
Place where it should be, nobody knows its
Texture, its potency, a great wonder could
Be termed, the tiny part of God, bestowed
On the universe for its survival, the wonder
Of heart, the wonder of soul, that always
The miracle of God that soothes, that heals,
That sweetens; the divine passion for God.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

MAGNIFICENCE

The beauty of the soul, magnificent,
The most beautiful on earth is the soul
Which the body contains, with its glory,
The soul puts man distinct with divinity
That glitters with shine of inner truth and
It forms the greatness of the living soul
Which glorifies the godliness in man, the
Inner senses only visualize the magic of
Beauty that is never seen anywhere else
On earth, the shining star in the darkness,
It is the spirit of God infused in the soul
Of man making man a magnificent creature.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

MEMORY

The story of a heart dipped in depth of water
That comes out spontaneously at varied time,
Too difficult to come out of water but comes
Out at times with ease, comes out as bubbles
But bursts in air, stay for little, the story a part
Injects nostalgia that draws mind again to the
Treasure of gold that kept in mind for long to
Taste the sweetness of the chocolate chewed
For some time, swallow it and to be dissolved
In blood, or to taste the bitterness of the fruit,
But immediately I spit it out, never I take the
Fruit again, I choose between good or bad, but
Temptation there to taste which I could control;
The story of past, the story with me but I don't
Open it so frequently, but it makes my mind rich.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

MUSHROOM

The shortness of life, momentary it is
But the threshold of greatness very high
With amplitude of glory in its pursuit to
Live long, but it fails to catch the longevity
Of life with its beauty of guarding ground
With umbrella of protection and transmits
Magnificent glory in the eyes of everyone,
That it is offshoots of heaven to earth to
Glow in the filth for a moment, showing
Everyone the truth of God's presence and
Proclaims, to depend on God amidst the
Dirt and sacrificing its body, enrich man
As food too, some of them poisonous to
Punish him, treat man just as he deserves.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

MUSIC

Heaven sings, the music echoes in every heart,
So soft, subtle, outer ears can't pick it, only deep
Ears perceive, frozen in heart, activated, only very
Few reproduce, they sing, the music accompanied,
It caresses soul, soothes heart, the exuberance of
High order in everyone, it sweetens, the unknown
Current of passion, heavenly it is, it passes through
Every segment of body and soul, the delicate feel
Of heavenly touch on every nerve resulting in the
Accomplishment deep contentment, indescribable,
Blissful and soulful, soothing the mind, what not,
Everything in it, so much stimulant that man is totally
Absorbed in it, becomes part of the music, or music
Becomes part of him, a rare phenomenon of total
Dissolution, music heals as it is heavenly, it becomes
Food and drink for so many; the heaven drifted here.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

MY KERALA

The land turns to be heaven in heart, the soil
Of love dissolved in homeliness that befits the
Sacredness of soul, to lie on the land, a bed of
Roses, the thorns there, the melody of pain,
Everything sweetest, the country land, villages
All the rural side of heart, signify the sweetness
Of home, the greatness of home, where I was
Born and brought up, grew up with smell of soil,
Where villagers on the land and paddy field,
Nursing the crops; the beauty of mother tongue,
The fluency of it spoken, the innocence of the
Villagers stuck to my heart, the lakes, the rivers,
The backwaters all squeezed honey in me that
My home state, the queen of beauties live with
Me wherever I am and it emits nostalgic feeling.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

NO DEATH FOR ME

No death for me as I have died years ago
When the world and worldly departed me
As my faith in God intensified, my soul is
Living, glittering forever in eternity, body
A covering over soul just like clothe on my
Body and physical separation occurs when
Body detached from soul like the clothe
Removed, it is a simple process as the body
Is inert, inactive and perishable, it decays
And putrefies; why do you worry about the
process of the physical separation of body?

Copyright © My Soul Twinkles, Dr. K. K. Mathew

NOVEMBER

That aims in me to show the bliss of haven,
The amplitude of thrill that may instill the
Confidence of having the better weather
Of blessing earth with the still pleasantness
That heaps the tranquility in heart, and the
Soul pulsates with illumination of calmness
That spreads in the atmosphere, with the
Fallen leaves from the skeleton of trees and
Plants, the earth with covering of flowers
Scattered everywhere hue the brightness
That forms the flowery light, pervades the
Stillness of love that kisses everything in
November with the deep thought of the
Sunny paradise that caresses every heart.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

PEBBLES

The difference in colours, size and amplitude
To be the difference in heart and soul is the
Greatness of creation manifested in the total
Amalgamation of closeness of one with each
Other in the pursuit of meekness with which
Man at the helm of the absolute melody of the
Soul that trespasses the smoothness of the
Magnitude in the activity of different pebbles
On the seashore and the difference in the
Size and shape, the varied beauty of creatures
Put man in the travel of the life to the peak of
The permanent volume of greatness in artistry
Of the creator in making pebbles the marvel of
Beauty that excels intricacy in the mystery in life.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

PLEASURE

Pleasure of heart, pleasure of soul, when in God
And when with God, tasting God the great pleasure,
Does man know it or he near to that pleasure, only
Heart says it, only soul says it, the pleasure sweetest,
Doesn't die, everlasting, a glimpse of that pleasure,
Many times more than the great pleasure the world
Gives, you must come to the stage of tasting God and
Relishing the sweetness of Him, and realize the truth,
Whatever connected to Him is the most valuable asset
One will never have on earth, man to come to this stage.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

POETRY IS CROWN

The cream of literature, the essence which again
Dissected out turned to be divine, the power of
Truth, the glory of literature, its crown, studded
With diamonds, glittered in the vicinity of darkness,
The poetry with its majesty is indeed the queen
With the royal stick to beat at the wickedness and
Guide in darkness on thorny path, what pulsating
Is its integrity and allegiance to the core of truth in
Life that may deter the nonsense which may pull man
Down to the hell, it lifts the morale of everyone to be
With the trueness of love, tranquility and kindness
And it sweetens heart and soul, the soul of poetry
up and up above the gravity of earth to the space
from where it delivers down the truth of everything.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

QUIETNESS

Quiet the life to be, quiet everything,
The stars fall in my heart at midnight
But no noise, me far away from noise
Always, everything very soft, subtle in
Me, my feeling quiet, thought quiet,
No reaction, no outburst, everything
Confined inside me, the interior of me
Everything, the outside nothing, but
Far from the noise, I am in, tranquility
Of love, softness of heartbeats put me
In the golden silence that pervades
To the depth of quietness in me and
Keep me safe from the horror of the
Noise that beats outside; the quietness
Sweeps through me with divinity and
Lifts me to the horizon of every success.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

SALVATION

The ultimate aim in human life, to escape from negativity
To the positivity, a spiritual dissection of human mind with
The scalpel of absolute faith in God, a marvelous quest in
Human life, a search one after the other to the zone of
Tranquility, from the disaster to salvation, the greatest and
The most tedious spiritual journey on earth, where deep
Faith plays the crucial part, the world and the worldly
Dissected out one by one, the process of making life safe
And perfect, the barrier between God and man crushed,
Man reaches the vicinity of God, the safe zone, where
God is to guide man, he is free from negative power, he
Cannot be pulled back, he moves forward, he follows God.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

SEARCH

Search for the soul, the laborious process
The only extensive quest covering decades
Based on my inquisitiveness to find it as it
Is the aim in my life, it continues till the end.
Search in me a self-dissection of mind with
Scalpel of faith in God, dissection followed by
Innumerable tribulations one after another to
Strengthen faith, it becomes unbreakable, the
Moment world and worldly gone, the barrier
Between man and God crushed, deep senses
Open, hear and see with them, hear the words
Of God, Live in the world of soul, soul found,
A world of eternal happiness and peace, one
Duty to perform; that is just to follow the soul.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

SEXUAL DESIRE

A natural phenomenon from stimulation
Of nerves by increase in hormones, the
Gift of God, could be abused, the cause of
Sexual assault and crime, but a different story
When desire controlled, the success in life,
The disciplined sex, a must for everyone
With the realization, there is something
Beyond it, beyond the sexual joy, momentary
It is, but eternal joy when one is with God
That is the spiritual joy, one really gets from
God, the association with God per se can lift
Man to higher thinking of non-perishable joy,
That feeling itself can suppress the sexual desire,
Tame his mind to move to sphere of tranquility
That wipes out the excess in him and limits him
To restrain from the overdrive that spoils him.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

SEPARATION

The haziness of grief that sweeps across the
Heart with so much illusion as to the earth
Quaked, everything upside down, hard to
Breath, but the dark clouds sail away, the
Darkness eludes, the golden rays flash, a
New turn, the roaring sea calmed, so much
Delight in the twilight of hope, never to fall
But move forward, in the pursuit of clearing
The depressive mind with the strength of
Faith that gives feeling of being lifted above
The gravity of earth, go after that glow seen.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

SOCIAL DISTANCING

Man in the heart of melodies fall in the ocean
Of misfortune, the whole world plunged into a
Sort of unbelievable threat to the human race
That everyone faces now as a result of man has
Distanced from God, man ran away from God,
The moment God comes rear to man, what a
Wonder of cruelty out of thanklessness and the
Forum of unkindness that put man among the
The terror and horror and pushed man to the lethal
End of hell from which man has to distance himself
For safety of him where the hell burning and man
Suffocates with the view that he has fled from God.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

TENDER HEART

Compassion fills heart and flows to street.
Kayase the new generation teen girl with
All amenities she had, sipping coffee in a
Restaurant had her eyes focused on the
Old man sitting at the roadside in the
Street, looked very starved and agitated;
She went straight to him, took him to the
Restaurant and gave him food which she
Was eating, asked him why he is like it;
He recollected his past, left home as his
Parents were quarrelling daily, uneducated
He couldn't get any job, now begging the
Income; on leaving, he asked for a piece of
Paper, he wrote, girl shocked reading it that
He had decided to end his life that day
Which she only prevented; how great her
Tender heart, a simple deed saved his life.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

THE BEST LOVE ON EARTH

The order of love on earth faulty, needs repair
Of it, man reaches a new phase of love, the best;
Man to realize, love of God and love to God the
Supreme as it is root of all love, it is foundation,
Build love on it, the castle with strong foundation,
The building is strong and sturdy, never collapses.
Man doesn't know, he can build the true love, the
Pure love on it, the spiritual love on it, such love is
Holy and divine, that is manly and Godly, that love
Never dies, the physical love is a reflection of it only;
Correct the order of love with the true foundation,
Then love is immortal, eternal and the best on earth.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

THE TINY GOD

Heart of me filled with childishness, it overflows
And I float in it, like the soap bubble floats in air,
Never it bursts, it moves on and on to the infinity;
That day the tiny face smiling at me, near to me,
Near to my car, me waiting anxiously for my wife
To be taken from the hospital where she was
Working, the tiny face of God reflected in me and
My long wait for wife filled with the tiny God of
Three, getting in my car amused me with the little
Talk of inquiry of my car, I became a child of tree,
Laughing, querying with little words, story telling,
Short poems all made my car a university of little
Kids, eating Jileby, Ladu, Cadbury chocolate bars,
Cup cakes, Puff together, made innocent hearts
The heaven of immense pleasure for many days
On the hospital premises, till my wife comes, the
Tiny God comes from the doctors quarter near
The hospital, the innocence of godliness smelt
In my association with him, the cream of that
Childishness dissolved in the divine love for many
Days, that has hastened my long journey on the
Hilly side to the top, absorbed in innocent love.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

THE UNSEEN TRUTH IN HEALING

Forty six years I treated the sick
Hundred thousand multiplied,
I had, final conclusion, God only
Treated, not me or medicine and
I have the satisfaction that I could
Do something good for the sick,
That is the great reward I received.
Medical science incomplete as it
Treats body only, not the soul, many
Diseases untreated as soul untouched;
Here the importance of God in treatment,
What God needs, the strong faith in Him,
What God gives, the willpower to withstand,
He won't cure all dreadful diseases as it is
His will and wish that to materialize, not ours;
Submit everyone to the will of Him and
Accept that gratefully; you get the pleasure
Of soul, above the pain of physical suffering,
The perishable body insignificant, the living
Soul in eternity, that won't die, significant.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

TO THE TOP

Go to the top, aim very high, up to the sky,
Never to lose the grip, never heart go down,
Fight till the last that is in me always, propel
Forward always, never backward, all in life
But not the negativity, life to be enjoyed if
Flying high up or moving forward, that never
Deterred me, close to the chest, heart beating
Fast, never a missed beat, to hang up in the
Bestowal of thought that always lifts me up
Above the earth to be carried to the vicinity of
Pleasure and happiness, never to be dipped in
Grief or despair, always up parallel to the earth.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

TRANSFORMATION

The total change of mind, the greatest event on earth
From bad to good, man runs with no signs of despair,
Never he looks back to the old, never he wishes to go back
But new energy, he moves forward to the unknown end
With sense of hope, yes, to the unseen truth, that is God;
Total submission and unbreakable faith in God, the key
Factors that lift man from the depth of disaster to the road
Of victory, a total transformation of mind, the escape from
The grip of the world and worldly to God, the great passage
Of life to salvation where the world and worldly dissected
Out by the scalpel of faith over a period, a new man in the
Offing moving to the vicinity of God, above gravity of earth.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

VACANT MIND

Vacant mind, the absence of thoughts
Where the thoughts scattered and fade
But the inner mind stimulated, emits mystery
Of thought that brightens heart and soul.
The inner mind takes control of man when
Outer mind is empty, there arises divinity
That comes out of the inner mind, fills the
Whole body; how to suppress human thoughts?
It is by extreme faith in God, the worldly
Thoughts disappear, the divine feelings
Come, very soft and delicate, take control.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

WHAT IS COVID-19?

The tiniest one has its say on the mightiest?
Who is better, the tiniest or the mightiest?
What happened when the mind dissected
Out to the tiniest with the outer removed?
It becomes a positive power, power of God;
What happens when a material dissected
To atom and it is dissected further in reactor?
It becomes negative power, the nuclear bomb.
Covid-19 the tiniest, the destructive power, spread
Every nook and corner in short time, to strike;
It is the detrimental negative power having the
Effect of strike everywhere, to punish everyone,
Not as powerful as nuclear bomb, not localized but
Widespread, covering the whole earth, man to
Realize with his inner sense, it is the punishment
By God who is furious with the wickedness of man.
What is the solution to escape from His punishment?
Move towards Him, so close to Him, plead for mercy.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

WHY GOD CREATED MAN?

The word or the love evolved first that in long
Course stayed intact, the microscopic element
Of each and everything in word is love only,
Love that is sacred and holy, that emitted the
Highly positive power, formed the creator God.
The love can't stay alone, it should flow, to be
Shared, then only love glorified, for that purpose,
Man was created in His own image, for sharing
The love and to be glorified, God the positive power
Thinks positively only, not negatively; He believed
Man will be with Him forever, but man was influenced
By negative power, erred, moved away and away
From God and now at the lowest ebb; God can't
Pull man back to Him as God is the supreme judge,
He wants man himself corrected and come back to
Him, God still waiting anxiously for man back to Him.

Copyright © My Soul Twinkles, Dr. K. K. Mathew

WORD OF SOUL

The stillness evolves the word that pertained
In the soul, soothing its effect on my heart that
It may be permeated to the transcendence of
The inner beauty of my soul and tells that I may
Follow the mystery of the sacredness that paves
The way to reveal truth of heart and perpetuates
The greatness of the creator, always keen to talk to
Man but man doesn't hear as the world in between
Blocks, naked ears can't hear, deep ears can when
World and worldly gone by deep faith, they open
And perceive, man could communicate with God,
The words of soul permeates to the heart of man.

Copyright © My Soul Twinkles, Dr. K. K. Mathew



MY SOUL TWINKLES

DR. K. K. MATHEW

This poetry book is truly a holistic literary work touching upon the contemporary realities from various perspectives and angles. The work is known for features such as a rare insight into the world today, the exploration of the inner meaning of life, the explicit reference to the vagaries of life, the presentation of the world as a place of constant evolution, the description of human beings as persons of various wavelengths, the ruptures that do take place in this life of transient nature, the refreshing aspects of life, the philosophical way in which life is narrated all throughout and the enduring positivity as a hallmark of the entire creative venture.